

Oliver McGowan Mandatory Training

Train the co-trainer guide



Background to the Oliver McGowan Mandatory Training

The training is named after Oliver McGowan and is part of the Oliver McGowan campaign.

The campaign is led by Oliver's mother, Paula McGowan OBE, who believes that all health and social care staff should have the right training to provide safe, compassionate, and informed care to autistic people or people with a learning disability.

Oliver's death shone a light on the need for this training.

The Health Care Act 2022 requires that all service providers registered with the Care Quality Commission (CQC) must ensure their staff receive training on learning disability and autism awareness. The preferred and recommended training is the Oliver McGowan Mandatory Training.



The Oliver McGowan Mandatory Training is split into two parts, with the second part split into two tiers. Healthcare staff must complete the tier most appropriate to their role.

Part one training: All health and social care staff must complete part one of the training. This can be completed via eLearning, and will take 90 minutes. Then they go on to do part two, and they either do tier one or tier two training.

Part two training: If they're in a patient-facing role (this includes receptionists) or if they directly support people with a learning disability and/or autistic people, they complete **tier two training**. All other health and social care professionals should complete **tier one training**.

Tier one training is delivered via a 60-minute webinar and is led by experts with lived experience of autism and learning disability.



Tier two training is delivered face-to-face. This will either be a full day, or delivered over two three-hour sessions over two days.

This guide will give you the information you need to deliver tier one and tier two training.

How you become a trainer



To become a co-trainer, you must be an autistic person or have a learning disability - or both.





If you are interested in being a co-trainer, please contact Chrissie at Asist Advocacy.

Phone **07833 294644** or email christina.swallow@asist.co.uk







You will receive full training for either tier one, tier two, or both.

Tier one training will involve:

-  A three-hour webinar session with your co-trainer and facilitator trainer
-  Practice sessions with your co-trainer and facilitator trainer
-  First webinar filmed for assessment
-  Once assessed and passed, you will receive a certificate to confirm you can deliver the training.

Tier two training will involve:

-  Three days of face-to-face training with other expert co-trainers
-  Practice public speaking during the training
-  Practice sessions with your facilitator trainer before your first session
-  Once assessed and passed, you will receive a certificate to confirm you can deliver the training.

You will be paid £20 per hour for delivering the Oliver McGowan Mandatory Training.

Please note, completing the training does not automatically guarantee you will become a co-trainer.



How you will deliver the training:



Tier one training sessions are a one-hour webinar. As the trainer, you will deliver this training at Asist Advocacy, so you have your supporter with you during the training. You will follow a script alongside your co-trainer, and you will have a facilitator trainer in the webinar with you who deals with any technical issues. You will get the chance to feedback anything you liked or didn't like.



Tier two training sessions are face-to-face. These will be held at different locations; you will always have an opportunity to visit the venue before the training takes place. You will co-deliver the training with your facilitator trainer, and you can do as much or as little as you feel comfortable with. You will get the chance to feedback anything you liked or didn't like.

Things to remember:

You will always be supported. If you have any questions or concerns, we're always here for you. You will be helping to make a difference to the health and social care professionals by delivering this training. We want you to have fun while doing this.







Any questions?

Please get in touch with the Oliver McGowan Mandatory Training team if you have any further queries.



Email: ommt@staffsstoke.icb.nhs.uk