

Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter



Welcome to this latest newsletter for the <u>Community Mental Health Transformation</u> <u>programme</u>.

The programme is delivered by the Staffordshire and Stoke-on-Trent Integrated Care Board (ICB), NHS mental health providers (Midlands Partnership University NHS Foundation Trust and North Staffordshire Combined Healthcare NHS Trust), primary care services, local authorities, and voluntary, community and social enterprise (VCSE) organisations.



We will be regularly updating you on the key developments and news from this programme, which seeks to transform the ways in which adult community mental health care and support is provided across Staffordshire and Stoke-on-Trent. To find out more about the Community Mental Health Transformation, NHS England has created a short animation, which you can watch by clicking NHS Community Mental Health Transformation - YouTube.





Staffordshire and Cheshire Equine Assisted Psychotherapy (SCEAP) - Latest episode of the Community Mental Health Transformation podcast

This month's episode of the transformation programme podcast focuses on another of the North Staffordshire Community Grant recipients - Staffordshire and Cheshire Equine Assisted Psychotherapy (SCEAP). SCEAP offers counselling and equine psychotherapy to people living in Stoke-on-Trent and the wider community who may benefit from therapeutic support for a variety of issues.

To find out more about SCEAP click <u>Staffordshire & Cheshire Equine Assisted Psychotherapy</u> - Facebook

Molly Mansfield, Assistant Communications and Engagement Officer at North Staffordshire Combined Healthcare NHS Trust visited SCEAP at its base on Great Eaves Farm in Bucknall, Stoke-on-Trent and had a conversation with Maggie Falconer Drew-Taylor, Equine Facilitated Psychotherapist at the organisation.

Listen to the podcast

You can listen to this episode, recorded in the therapy barn amongst horses and goats, and other Community Mental Health Transformation programme podcasts via either the Combined Combinations podcast channel or through the MPFT Podcast.

- Listen to Combined Healthcare's Combinations podcast at Combinations Podcast
- Listen to The MPFT Podcast







Co-production logo chosen

The votes have been counted and the winning design has been chosen for a co-production logo to support the transformation programme.

The logo will be utilised to highlight and celebrate work that has been co-produced by service providers, communities, carers and people with relevant lived experience. This includes co-design, co-decision making, co-evaluation and co-delivery of services, signifying excellence in practice.



Use of the logo is subject to a <u>set of guidelines</u> for teams and services wishing to use it as a mark of co-production.

Sarah Newton, Senior Service Manager for Transformation at North Staffordshire Combined Healthcare NHS Trust, comments: "The voice of our Experts by Experience has been insightful and influential in the way in which Combined NHS Trust has approached our Community Mental Health Transformation journey. The design and co-production of a logo that shows everyone when a piece of work has been developed with our experts by experience is a fantastic achievement. It gives both Trusts a way of showing people when co-production has been achieved, champions the value of it and hopefully encourages others to think of ways they can co-produce too. I very much look forward to seeing the new logo in use."

Upkar Jheeta, Head of Transformation Mental Health at Midlands Partnership University NHS Foundation Trust said: "I am delighted to see MPFT's commitment to sharing power and decision-making abilities with service users being commemorated with the establishment of a co-production logo. Planning for the delivery of the best possible health and care requires a person-centred approach. I hope with this logo we can continue to highlight and celebrate work which makes positive difference to service user's lives."

For more information on the co-production logo, please contact <u>mhtransformation@mpft.nhs.uk</u>.

Jonathan Gullis MP Community Mental Health Transformation Programme visit

Michelle Lewis, Senior Mental Health Practitioner for North Staffordshire Combined Healthcare NHS Trust, working within the Holistic Patient Centred Care Primary Care Network (PCN) recently welcomed Jonathan Gullis, MP for Stoke-on-Trent North, Kidsgrove & Talke, to Tunstall Primary Care Centre as part of a Staffordshire and Stoke-on-Trent Integrated Care System (ICS) visit for the Community Mental Health Transformation Programme.

Michelle showcased to Mr Gullis the work that was happening in the PCN through NSCHT's role in the transformation programme. People having access to a specialist mental health practitioner and a mental health support time recovery (STR) worker within their GP practice was commended by Jonathan. Also discussed was the collaborative working with mental health practitioners and the social prescriber, and the positive impact this is having on patients holistic needs within the PCN. Overall, Jonathan reported he was very impressed with the services being delivered for patients with mental health needs within the PCN.

Mr Gullis said: "It was fantastic to be welcomed to Tunstall Primary Care Centre recently and speak with the amazing Michelle about the award-winning mental health support they offer across the North Staffordshire region.

"I heard about the positive impact a mental health practitioner being available at a GP practice can have in terms of supporting the local community, and helping to free up GP appointments for mental health related concerns – directing people to a specialist straight away.

"This is exactly the model I want to see replicated across all GP practices in the country, and North Staffordshire Combined NHS Trust's outstanding work in this space proves yet again that this approach benefits patients."

The visit follows on from Mr Gullis' visit to Harplands Hospital in June 2023 which you can find out more about at NCSHT - Local MP Jonathan Gullis visits Harplands Hospital

Michelle Lewis, Senior Mental Health Practitioner with Jonathan Gullis, MP for Stoke-on-Trent North, Kidsgrove & Talke



Specialist MPFT service wins National Dementia Care Award



Midlands Partnership University NHS Foundation Trust's (MPFT) Specialist Dementia In-Reach Service won the 'Best Inclusive Dementia Care in our Diverse Society' category at the National Dementia Care Awards held on 13 July.

The award recognises excellence in making dementia services more responsive to the needs of individuals in disadvantaged communities.

The service works in partnership with the Practice Plus Group, MPFT's psychiatry services and Business Support teams to provide support, advice and assessment to people incarcerated at HMP Oakwood and HMP Stafford who have

received or are undergoing assessment for memory loss. The aim is to provide care that is equal to memory services received within the community.

The judges highlighted how the service "creates a bold and systemic change, bringing a personalised approach to dementia diagnosis and wellbeing planning into the prisons, supporting a very vulnerable group of prisoners".

Natalie Bradbury, Older Adults and Dementia Nurse Consultant said: "We are proud of our In-Reach Services and applaud the recognition this award gives to our colleagues who provide dynamic, inclusive care to vulnerable members of society."

Edwina Gould, Specialist Dementia Nurse for the service said: "Receiving this award not only reflects MPFT's commitment to the development and delivery of high standard services for dementia care, but also recognition of the profound impact it has on the individuals living with dementia in a prison environment.

"We are incredibly honoured and humbled to win this category. It serves as a testament to the dedication of the team, who work hard to ensure everyone in our care receives quality personalised support. We feel truly grateful for this recognition; it further fuels our passion to continue development of this service."

To find out further information about the award ceremony visit <u>National Dementia Care</u> Awards – Journal of Dementia Care.

Where to find more information

There's lots of work going on to transform community mental health services in North and Southern Staffordshire. Here's where to find key information to keep you updated with progress:



North Staffordshire

- North Staffordshire Combined
 Healthcare NHS Trust (NSCHT) podcasts –
 the Trust regularly produces its
 'Combinations' podcast, with many
 topics on the Community Mental Health
 Transformation programme. You can
 find all podcasts on its SoundCloud page
 here as well as by searching for the
 Combinations podcast across many other
 podcast channels.
- NSCHT social media Combined
 Healthcare posts regular updates on the
 transformation programme across its
 <u>Twitter</u>, <u>Facebook</u> and <u>LinkedIn</u>
 accounts.
- NSCHT news pages visit Combined's <u>'Latest News'</u> page on its website for regular programme updates.
- Transformation in North Staffordshire also has its own section on the <u>Staffordshire and Stoke-on-Trent</u> <u>Integrated Care Board website here</u>.

Southern Staffordshire

- Midlands Partnership NHS Foundation Trust podcasts (MPFT) - a number of Community Mental Health Transformation programme podcasts are available via MPFT's podcast channel, these episodes will provide a helpful introduction to the community mental health transformation. Further related podcasts are due to follow, you can find previous podcasts by searching for the MPFT podcast on Spotify, Google Podcasts, Apple Podcasts and a range of other channels, and all podcasts relating to the community mental health transformation can be found on the Staffordshire and Stoke-on-Trent **Integrated Care Board website**
- MPFT social media the Trust has dedicated social media pages to provide information and updates relating to the transformation. You can follow MPFT on <u>Twitter</u> or like its <u>Facebook page</u> for updates.

Get in touch

If you have any questions relating to the transformation programme or feedback on the stakeholder newsletter and what you'd like us to cover, please email:

- North Staffordshire -<u>cmhtransformation@combined.nhs.uk</u>
- Southern Staffordshire <u>MH-</u> <u>Transformation@mpft.nhs.uk</u>

