



Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter

APRIL
2023

Welcome to this latest newsletter for the [Community Mental Health Transformation programme](#).

The programme is delivered by the Staffordshire and Stoke-on-Trent Integrated Care Board (ICB), NHS mental health providers (Midlands Partnership University NHS Foundation Trust and North Staffordshire Combined Healthcare NHS Trust), primary care services, local authorities, and voluntary, community and social enterprise (VCSE) organisations.



We will be regularly updating you on the key developments and news from this programme, which seeks to transform the ways in which adult community mental health care and support is provided across Staffordshire and Stoke-on-Trent. To find out more about the Community Mental Health Transformation, NHS England has created a short animation, which you can watch by clicking [NHS Community Mental Health Transformation - YouTube](#).





A chat with The Community Foundation: Latest episode of the CMHT podcast

The Community Mental Health Transformation Programme podcast is a joint initiative between North Staffordshire Combined NHS Trust (NSCHT) and Midlands Partnership University NHS Foundation Trust (MPFT). Colleagues from each of the Communications teams meet with guests to discuss various areas of the transformation to provide a more in-depth insight.

For April, Eilish Mulholland, MPFT's Communications & Engagement Officer for the programme met with Leanne Macpherson, Head of Programmes at The Community Foundation for Staffordshire. They discuss the ways in which the organisation has been able to support both NSCHT and MPFT to deliver two rounds of grants; the results of which have had lasting effects on the transformation programme.

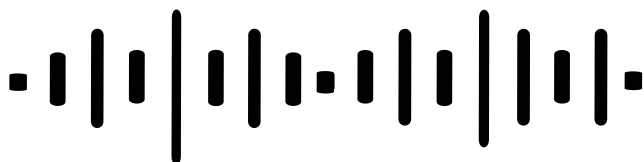
In the podcast, Leanne discusses the two grant rounds that have taken place so far, with over a quarter of a million pounds being distributed through 15 separate grants. She also shares examples of some projects that have been started by organisations who were successful grant recipients and offers her advice for others wanting to apply for the third round of grants in the summer.

To find out more about The Community Foundation visit www.staffordshire.foundation.

Listen to the podcast

You can listen to this episode and other Community Mental Health Transformation Programme podcasts via either the Combined Combinations podcast channel or through the MPFT Podcast.

- Listen to Combined Healthcare's Combinations podcast at [Combinations Podcast](#)
- Listen to [The MPFT Podcast](#)



LATEST NEWS

The ARRS Mental Health team introduces a further 13 Mental Health Practitioner roles

The Additional Roles Reimbursement Scheme (ARRS) Mental Health Team at North Staffordshire Combined Healthcare NHS Trust (NSCHT), who sit within primary care continue to evolve in Year 3 of the Community Mental Health Transformation, with the introduction of a further 13 Mental Health Practitioners (Band 6 posts), which will be aligned to Primary Care Networks (PCNs) across North Staffordshire and Stoke-on-Trent.

These additional roles will further enhance the mental health offering within each PCN – which currently includes a Senior Mental Health Practitioner and Support, Time and Recovery Worker.

Collectively, the roles will work to improve the mental health and wellbeing of patients at what is very often the first contact with a mental health service within GP practices - providing access to quality mental health assessments, advice, information and guidance, mental health support and interventions.

Each team is further supported with multi-disciplinary team input from the wider PCN team, including clinicians, social prescribers, and health and wellbeing practitioners, as well as utilising community assets, including voluntary, community and social enterprise services to enhance their offering.

All posts are substantive and will be rolled out in waves. The roles can be viewed via NSCHT's website, under '[Join our Team!](#)'.



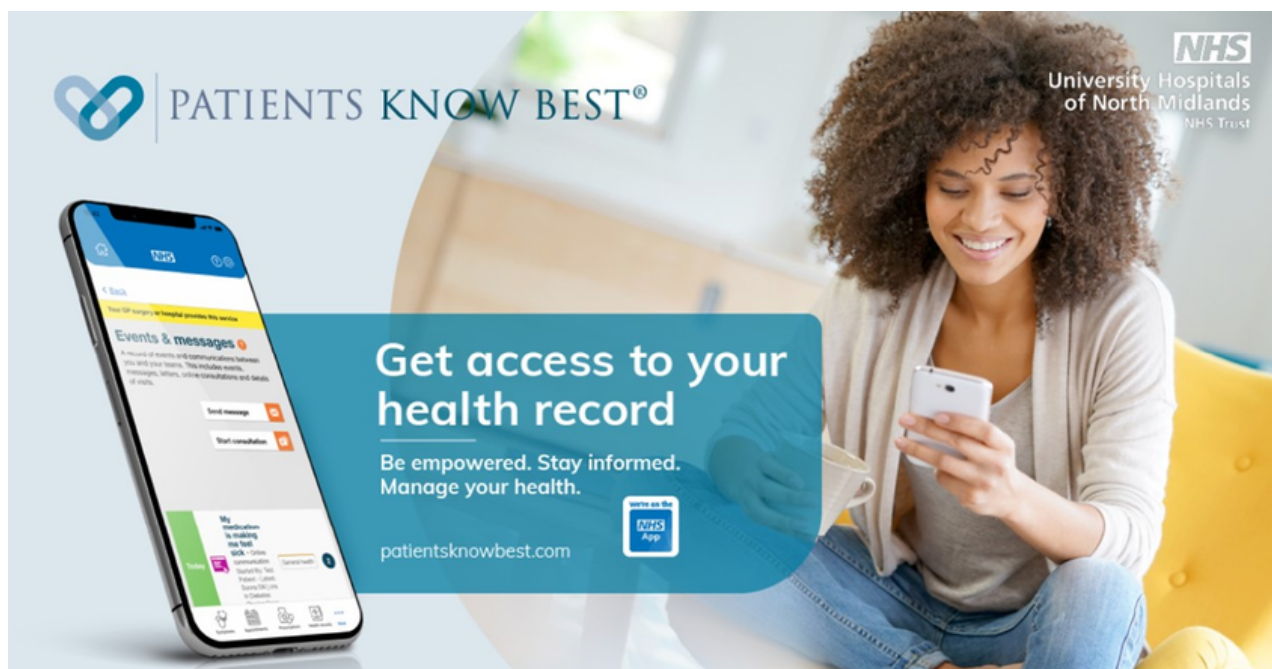
MPFT participation opportunities - 'Patient Knows Best'

Daniel Bacon, Participation and Co-production coordinator at Midlands Partnership University NHS Foundation Trust (MPFT) has recently held a variety of workshops and review sessions exploring 'Patients Know Best', a digital platform that helps patients store all of their most important medical and health records in one place where they can be easily accessed by themselves or any medical professional. This allows access to the person's entire health care history within seconds.

The Digital Solutions project team have made significant progress as a direct result of everyone's contributions to date and have a few final slots available for any service users still wishing to get involved and contribute toward the work of digital solutions in healthcare. A limited number of one-to-one and group sessions are available with the option to give your feedback either in person or online, depending on your preference. You will be eligible for a £20 involvement fee for your feedback.

No prior knowledge of Patients Know Best is necessary to get involved, but if you would like some background information on what an involvement session would focus on please click [What is Patients Know Best - An Introduction - YouTube](#)

If you are interested in adding your perspective to this, or have any questions on the above then please get in touch by emailing Daniel Bacon at Daniel.Bacon@mpft.nhs.uk.



PATIENTS KNOW BEST®

University Hospitals of North Midlands NHS Trust

Get access to your health record

Be empowered. Stay informed. Manage your health.

patientsknowbest.com

Available on the App Store

The image shows a woman with curly hair sitting on a yellow sofa, smiling and looking at her smartphone. To her left is a large smartphone displaying the Patients Know Best app interface. The interface includes sections for 'Events & messages', 'Send message', 'Start consultation', and 'My medications'. The background is a blurred indoor setting.

Event for Mental Health Awareness Week

As part of Mental Health Awareness Week (taking place 15-21 May), a 'Meeting of Minds' event supported by Burton Mind and Staffordshire Network for Mental Health and Midlands Partnership University NHS Foundation Trust staff, is taking place on Wednesday 17 May at the Royal British Legion, Rykneld Street, Alrewas, DE13 7AX, from 1pm-5pm.

All proceeds will be donated to Burton Mind and the Staffordshire Network for Mental Health.

For further details please contact involvement@mpft.nhs.uk.

MENTAL HEALTH AWARENESS WEEK

'meeting OF minds'
on
Wednesday 17th May 2023
from 1pm - 5pm
at the
Royal British Legion,
Rykneld Street, Alrewas, DE13 7AX

Represented by:



A Life in word and song -
Live music by Bamb Rushton



Update from Stoke Social

In the April issue, you may have seen an overview on the partnership between North Staffordshire Combined Healthcare NHS Trust (NSCHT) and Stoke City Football Club, through the Stoke Social club for older adults. This was set up to combat social isolation in older people, as part of the Community Mental Health Transformation programme.

For a more detailed overview of the social club, please visit the News section on NSCHT's website to [read an article](#) published last month.

For those wanting to find out more about the group, please visit [Stoke City FC - Health & Wellbeing](#).



Combined and VSCE partners: Everyone Health



As a part of its series of introduction videos to their VCSE partners, North Staffordshire Combined Healthcare NHS Trust (NSCHT) spoke to Everyone Health about its work across the community, including the various sessions the charity runs and the different ways it supports service users.

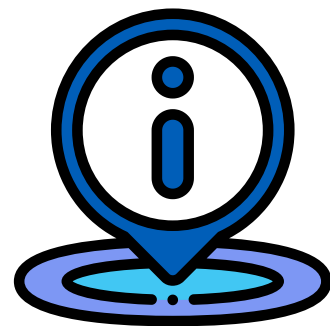
Everyone Health is commissioned by Staffordshire County Council and its free sessions place a focus on healthy eating and physical activity over a series of weeks. The sessions are aimed at service users with serious mental illness and provide a holistic service alongside NSCHT to support service users.

They have seen real developments and positive change from a number of their participants and the programme has clear benefits on service user's mental health as well as their physical health as the regular groups help to avoid social isolation and boosts attendee self-esteem. Visit the [Everyone Health website](#) for more information and watch the video on the [NSCHT NHS YouTube channel](#).



Where to find more information

There's lots of work going on to transform community mental health services in North and Southern Staffordshire. Here's where to find key information to keep you updated with progress:



North Staffordshire

- North Staffordshire Combined Healthcare NHS Trust (NSCHT) podcasts – the Trust regularly produces its 'Combinations' podcast, with many topics on the Community Mental Health Transformation programme. You can find all podcasts on [its SoundCloud page here](#) as well as by searching for the Combinations podcast across many other podcast channels.
- NSCHT social media – Combined Healthcare posts regular updates on the transformation programme across its [Twitter](#), [Facebook](#) and [LinkedIn](#) accounts.
- NSCHT news pages – visit Combined's '[Latest News](#)' page on its website for regular programme updates.
- Transformation in North Staffordshire also has its own section on the [Staffordshire and Stoke-on-Trent Integrated Care Board website here](#).

Southern Staffordshire

- Midlands Partnership NHS Foundation Trust podcasts (MPFT) - a number of Community Mental Health Transformation programme podcasts are available via MPFT's [podcast channel](#), these episodes will provide a helpful introduction to the community mental health transformation. Further related podcasts are due to follow, you can find previous podcasts by searching for the MPFT podcast on Spotify, Google Podcasts, Apple Podcasts and a range of other channels, and all podcasts relating to the community mental health transformation can be found on the [Staffordshire and Stoke-on-Trent Integrated Care Board website](#)
- MPFT social media – the Trust has dedicated social media pages to provide information and updates relating to the transformation. You can follow MPFT on [Twitter](#) or like its [Facebook page](#) for updates.

Get in touch

If you have any questions relating to the transformation programme or feedback on the stakeholder newsletter and what you'd like us to cover, please email:

- North Staffordshire - cmhtransformation@combined.nhs.uk
- Southern Staffordshire - MH-Transformation@mpft.nhs.uk

