

Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter

March 2022

Welcome

Welcome to this newsletter, focusing on the work taking place by local by health and care partners across Staffordshire and Stoke-on-Trent to transform the way adult community mental health care and support is provided.

What is the Community Mental Health Transformation Programme?

This forms part of a national programme set out in the [NHS Long Term Plan](#) to enable adults with severe mental illness to access care and support in a new, more joined up and effective way, regardless of their diagnosis or level of complexity.

This is about offering flexible and personalised care and support that responds to an individual's mental health needs and preferences close to home; while also increasing support for the wider factors that can impact wellbeing, such as employment, housing and physical health.

To do this, health and care providers are working more closely together, based within networks of GP practices (known as Primary Care Networks), alongside local authorities and voluntary and community organisations.

Find out more about the transformation by visiting [Together We're Better's Adult Community Mental Health Transformation page](#). You can also view [NHS England and NHS Improvement's short animated video about the transformation nationally](#).

Latest news

Involvement Collaborative

An Involvement Collaborative has been set up by Support Staffordshire, Midlands Partnership NHS Foundation Trust (MPFT) and North Staffordshire Combined Healthcare NHS Trust (NSCHT) to create a consistent approach to ensuring people with lived experience are involved with decision-making and evaluation throughout the transformation programme. This opportunity is being advertised to MPFT and NSCHT volunteers and service user/carer representatives, who will be invited to future meetings.



Submit your questions on the transformation for mailbag podcast

North Staffordshire Combined Healthcare NHS Trust and Midlands Partnership NHS Foundation Trust are jointly producing a mailbag podcast, giving you the opportunity to have your questions relating to the programme answered. Send your questions via email to MH-Transformation@mpft.nhs.uk



Focus on severe mental illness health checks in North Staffordshire

John Roberts is the Service Manager of North Staffordshire Combined Healthcare NHS Trust's (NSCHT) Stoke Community Directorate and is one of its leads on the work taking place on severe mental illness physical and mental health checks – a priority area in the delivery of the transformation programme. Visit [NSCHT's Q&A with John and the work of severe mental illness physical and mental health checks in North Staffordshire](#) for more on this.



Focus on the Community Assessment Stabilisation & Treatment Team in North Staffordshire

Lee Mason is North Staffordshire Combined Healthcare NHS Trust's (NSCHT) Service Manager with the Community Assessment Stabilisation & Treatment Team (CASTT) – another key priority area in the delivery of the programme locally. Visit [NSCHT's Q&A with Lee and the work of the CASTT in North Staffordshire](#) for more on this.



Service user involvement update

Midlands Partnership NHS Foundation Trust (MPFT) and North Staffordshire Combined Healthcare NHS Trust (NSCHT) regularly run workshops as part of the transformation programme, involving people with lived experience to discuss ideas for improving processes, pathways and the accessibility of services. The trusts recently collaborated on a workshop focussing on self harm, and MPFT also held an over-40s male reference group and an administration service workshop in February. Feedback will be used to make service improvements and people with lived experience will continue to be involved.



If you know any service users who would like to be involved with any of these workshops, please email MH-Transformation@mpft.nhs.uk (if you live in South Staffordshire) or cmhtransformation@combined.nhs.uk (if you live in North Staffordshire). Combined Healthcare has also released a new podcast via its Combinations channel exploring the subject of co-production within the programme and the opportunities available for service users within the programme. Find out more and listen by clicking the [NSCHT's Service Users Co-Production Opportunity – Combinations Podcast page](#).

How you can get involved

Service users, carers and anyone interested in mental health are being sought to get involved in shaping the transformation. Examples include sitting on an interview panel, or taking part in meetings to offer your views - there are lots of ways to get involved.

If you would like to be involved with the transformation programme, or if you have any questions, you can get in touch by emailing:

- cmhtransformation@combined.nhs.uk – if you live in North Staffordshire
- MH-Transformation@mpft.nhs.uk – if you live in South Staffordshire

Where to find information

Find out more about the transformation by visiting [Together We're Better's Adult Community Mental Health Transformation page](#).

- For news, information, links to podcasts, social media and other details relating to work taking place in North Staffordshire, visit the [Together We're Better's North Staffordshire Adult Community Mental Health Transformation page](#).
- For news, information, links to podcasts, social media and other details relating to work taking place in South Staffordshire, visit the [Together We're Better's South Staffordshire Adult Community Mental Health Transformation page](#).

Get in touch

If you have any questions relating to the transformation programme or feedback on the stakeholder newsletter and what you'd like us to cover, please email:

- cmhtransformation@combined.nhs.uk – if you live in North Staffordshire
- MH-Transformation@mpft.nhs.uk – if you live in South Staffordshire