

Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter



Welcome to the latest stakeholder newsletter for the <u>Community</u> <u>Mental Health Transformation</u> <u>Programme</u> which is delivered to you by Staffordshire and Stoke-on-Trent Integrated Care System (ICS), Midlands Partnership NHS Foundation Trust (MPFT) and North Staffordshire Combined Healthcare NHS Trust (NSCHT).



The aim of the newsletter

We will be regularly updating you on the key developments and news from this programme, which will transform the ways in which adult community mental health care and support is provided across Staffordshire and Stoke-on-Trent. To find out more about the Community Mental Health Transformation, NHS England has created a short animation, you can watch it <u>here</u>.





YOUNG ADULTS

We're focusing each month on a different workstream within the programme and for this edition it's Young Adults.

Young Adults refers to young people aged 14 – 25 years old, and the Community Mental Health Transformation Programme highlighted the need early on in its work for targeted support for cohorts of young people; those who were approaching the transition into accessing mental health services as Young Adults.

Engagement with young people was vital in shaping how we go forward. The Voice Project, Staffordshire, held sessions with young people where they could give their feedback on shaping future mental health services; learning outcomes included that young people would like more choice in the types of treatment available, and whether they access the treatment online or through face-to-face appointments.



The aim is that the information and insight gained will be used to adapt services, focussing on access, transitions and partnerships, and there will be joint working across children's and adult services in health, social care and VCSE settings.

To find out more about this and the other key work and developments underway in Young Adults, you can listen to a podcast conversation with the workstream leads, Michaela Kemp from Midlands Partnership NHS Foundation Trust and Deborah Hargreaves from North Staffordshire Combined Healthcare NHS Trust, by clicking either <u>MPFT's Podcast</u> or <u>Combined Healthcare's Combinations Podcast</u>.



LATEST NEWS

Voluntary and community organisation appointments in North Staffordshire

In new partnerships through the Community Mental Health Transformation Programme, patients under the care of



Community Mental Health Teams at North Staffordshire Combined Healthcare NHS Trust are being supported with a new Future Focus Support Service from Changes Health and Wellbeing, and Everyone Health has been appointed by the Trust to manage and deliver a Health and Lifestyle Service. <u>Read more here</u>



Help us create a co-production logo

Thank you to everyone who submitted their logo designs to the recent call-out by both Trusts, looking for your help in designing a co-production logo for Community Mental Health Transformation Programme work. In the spirit of co-production, the overall design and choice of final logo will be voted for soon by service users and panel members, and the selected design will be used across all co-produced

Community Mental Health Transformation Programme materials from both Trusts.

Have you listened to the latest podcasts?

We release regular podcasts with information about the Community Mental Health Transformation Programme. You can find Midlands Partnership NHS Foundation Trust's podcast <u>here</u>, or by searching 'MPFT Podcast' on Google Podcasts, Apple Podcasts and on Spotify. For North Staffordshire Combined Healthcare NHS Trust's, please visit <u>https://soundcloud.com/nhscombinations</u> or by searching 'Combined Healthcare Podcast' on Google Podcasts, Apple Podcasts and on Spotify.

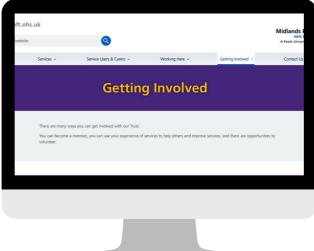


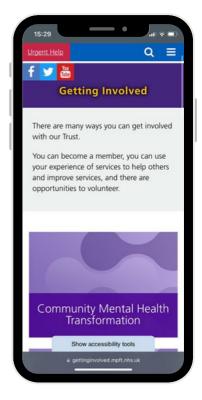
Get involved page now on MPFT website

Midlands Partnership NHS Foundation Trust has added a new webpage to help service users and their carers get involved in the Community Mental Health Transformation.

This webpage holds information about how they can get involved, and where to find out more about the transformation programme. You visit this page here:

https://gettinginvolved.mpft.nhs.uk/community-mental-healthtransformation.







Recruitment update

Recruitment for Year 2 of the Transformation Programme is underway – keep an eye on both North Staffordshire Combined Healthcare NHS Trust and Midlands Partnership NHS Foundation Trust's recruitment web pages if you're interested in any forthcoming opportunities.

For Combined Healthcare roles please visit: North Staffordshire Combined Healthcare NHS Trust

For MPFT roles please visit: <u>Midlands Partnership NHS Foundation Trust</u>

Where to find more information

There's lots of work going on to transform community mental health services in North and South Staffordshire. Here's where to find the key information to keep you updated with our progress:



North Staffordshire

- North Staffordshire Combined Healthcare NHS Trust podcasts – the Trust regularly produces its 'Combinations' podcast, with many topics on the Community Mental Health Transformation Programme. You can find all podcasts on its SoundCloud page here as well as by searching for the Combinations podcast across many other podcast channels.
- Combined Healthcare social media Combined Healthcare posts regular updates on the transformation programme across its <u>Twitter</u>, <u>Facebook</u> and <u>LinkedIn</u> accounts.
- Combined Healthcare news pages visit Combined's <u>'Latest News'</u> page on its website for regular programme updates.
- Transformation in North Staffordshire also has its own section on the <u>Staffordshire and Stoke-on-Trent</u> <u>Integrated Care Board website here</u>.

Southern Staffordshire

- Midlands Partnership NHS Foundation Trust podcasts - several Community Mental Health Transformation Programme podcasts are now available via MPFT's podcast channel, these episodes will provide a helpful introduction to the community mental health transformation. Further related podcasts are due to follow, you can find previous podcasts by searching for the MPFT podcast on Spotify, Google Podcasts, Apple Podcasts and a range of other channels, and all podcasts relating to the community mental health transformation can be found on the Staffordshire and Stoke-on-Trent Integrated Care Board website
- ·MPFT social media the Trust has dedicated social media pages to provide information and updates relating to the transformation. You can follow MPFT on <u>Twitter</u> or like its <u>Facebook page</u> for updates.

Get in touch

If you have any questions relating to the transformation programme or feedback on the stakeholder newsletter and what you'd like us to cover, please email:

- North Staffordshire -<u>cmhtransformation@combined.nhs.uk</u>
- Southern Staffordshire <u>MH-</u> <u>Transformation@mpft.nhs.uk</u>

