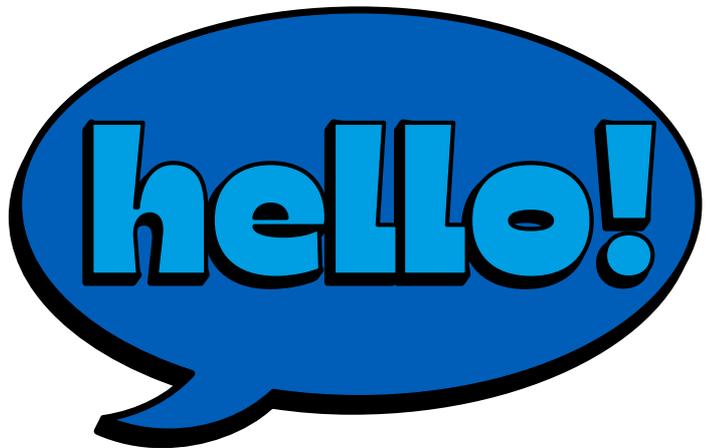


# Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter

NOV  
2022

Welcome to the latest stakeholder newsletter for the [Community Mental Health Transformation Programme](#) which is delivered to you by Staffordshire and Stoke-on-Trent Integrated Care System (ICS), Midlands Partnership NHS Foundation Trust (MPFT) and North Staffordshire Combined Healthcare NHS Trust (NSCHT).



## The aim of the newsletter

We will be regularly updating you on the key developments and news from this programme, which will transform the ways in which adult community mental health care and support is provided across Staffordshire and Stoke-on-Trent. To find out more about the Community Mental Health Transformation, NHS England has created a short animation, you can watch it [here](#).





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# INVOLVEMENT

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We're focusing on different areas of work within the programme and for this edition it is the work taking place on Involvement.

Co-production and Involvement is a way of working that involves people who use health and care services, carers and communities in service design, development, delivery and evaluation. Co-production starts from the idea that no one group or person is more important than anybody else, regardless of their job title or role.



Service users and carers have been involved in the transformation programme right from the beginning. They were involved in the decisions made about how services across both Trusts should start to look.

Throughout the transformation, we've seen a real shift in culture towards true co-production, which can only lead to more successful and effective treatment outcomes for people who are using our services and their carers.

Lots of work has taken place to boost Involvement within the transformation. We've worked with clinicians to help spread information about how we want to ensure the voice of service users and carer voices continues to be heard. We're also reviewing our communications by working on leaflets that can advertise Involvement opportunities.

To find out more about Involvement, you can listen to a podcast with Fiona Moore and Kirstyn Marshall from Midlands Partnership NHS Foundation Trust, along with Veronica Emlyn from North Staffordshire Combined Healthcare NHS Trust, by clicking either [MPFT's Podcast](#) or [Combined Healthcare's Combinations Podcast](#).

This podcast will form one part of a two part podcast series. In the next podcast you can hear from service users themselves about their impact on the transformation programme. We will include this in a newsletter once it's released.



# LATEST

# NEWS

## The Power of Teamwork – Combinations podcast

'The Power of Teamwork' is brought to life in a latest release from North Staffordshire Combined Healthcare NHS Trust's popular 'Combinations' podcast.

The podcast features conversation between colleagues at Combined Healthcare, Stoke-on-Trent City Council and Port Vale F.C. – speaking about the trailblazing Community Lounges initiative, which is delivering remarkable results for local people and local communities.

The partnerships and teamwork between the organisations have been further developed as part of the Community Mental Health Transformation Programme.

Listen to the podcast at <https://soundcloud.com/nhscombinations/the-power-of-teamwork>.



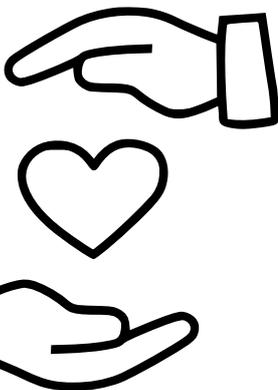
## Service User Involvement updates

### Mental Health Care Planning

We would like people with lived experience to help us to co-produce a series of workshops where we will be focusing on the mental health care plan. We are yet to set dates for the workshops which will be another opportunity for people to help us to ensure that we are meeting the required standards for care planning (the PRSB standards which is the Professional Records Standard Body – the standards are in place to ensure records in health and social care follow agreed quality standards). We are looking for:

- 1) People to help us plan the workshops
- 2) People who would be interested in attending the workshops

If you would like to be involved or if you would like more information, please contact Fiona Moore at [Fiona.moore@mpft.nhs.uk](mailto:Fiona.moore@mpft.nhs.uk).



# LATEST NEWS

## Green Social Prescribing – New Group

Midlands Partnership NHS Foundation Trust is calling for people with lived experience, their carers and families to join our new Green Social Prescribing Group. Dates are yet to be set and will be confirmed but we are looking for people with an interest in sustainable healthcare.



### What is Green Social Prescribing?

The pandemic has led to many discovering the health and wellbeing benefits of being in nature, noticing, connecting with, and stewarding/caring for, the natural world and there is a strong evidence base to support this lived experience of millions of people.

How can we capture the power of the natural world to support the physical, mental, emotional, social and spiritual health of each person and the population as a whole, helping us all to keep well, stay well and prevent illness? The concept of 'green social prescribing' has been offered as a solution.

Social prescribing is a way for health professionals, including link workers based at GP surgeries, to connect people to community activities for practical, social and emotional support.

- Green social prescribing specifically supports people to connect with nature-based activities
- All social prescribing is a way for health services to implement a holistic approach to health and care and address the social and ecological determinants of health
- Social prescribing starts with what matters to the person and is part of 'personalised care'
- Personalised care is one of the five themes of practical changes that all health & care systems have to implement by 2023/24 as part of the NHS Long Term Plan.

You can find more information and videos about green social prescribing at the following link: [Green Social Prescribing for sustainable healthcare | Centre for Sustainable Healthcare](#)

# LATEST NEWS

## Improving the Experience of People with a Mental Health Need Accessing Urgent Care Services – New Group



Midlands Partnership NHS Foundation Trust is supporting University Hospitals of Derby and Burton NHS Foundation Trust to ensure that people with lived experience of a mental health condition, their carers and families are able to join our Access to Acute Services Steering Group.

The purpose of the group is to improve the experiences of people attending urgent care services, including A&E, in Burton, Lichfield and Tamworth. We will be looking at a number of themes in this group, such as the A&E environment, education for staff, de-escalation and culture.



If you would like to be involved or if you would like more information, please contact Fiona Moore:  
[Fiona.moore@mpft.nhs.uk](mailto:Fiona.moore@mpft.nhs.uk).

## Lived Experience Community Mental Health Transformation Forum – New Group

MPFT are calling for people with lived experience of mental health struggles and their families and carers to join us at a series of focus groups that we are planning to enable people who use our community mental health services in South Staffordshire to have their say and share their experience of using services.



The aim of the focus groups is to ensure that the voice of people using our services is amplified throughout the transformation as part of the redesign of services so that we are able to address any issues and share good practice throughout this transformation. The focus groups will be held every two months and there will be a theme for each focus group, such as the use of digital consultations, experiences at GP surgeries, transfer between services, diagnosis etc.

If you are interested in any of these opportunities or if you would like more information, please contact Fiona Moore at [Fiona.moore@mpft.nhs.uk](mailto:Fiona.moore@mpft.nhs.uk).

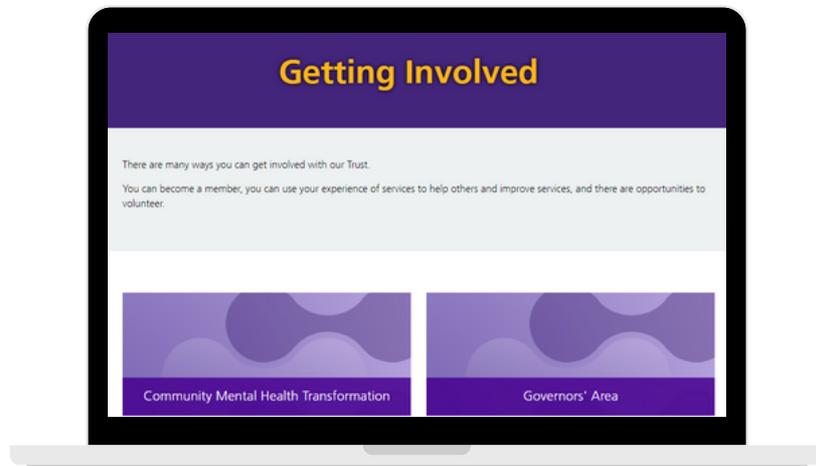
# LATEST NEWS

## Get involved page now on MPFT website

Midlands Partnership NHS Foundation Trust has added a new webpage to help service users and their carers get involved in the Community Mental Health Transformation.

This webpage holds information about how they can get involved, and where to find out more about the transformation programme.

You visit this page here: <https://gettinginvolved.mpft.nhs.uk/community-mental-health-transformation>



## Recruitment

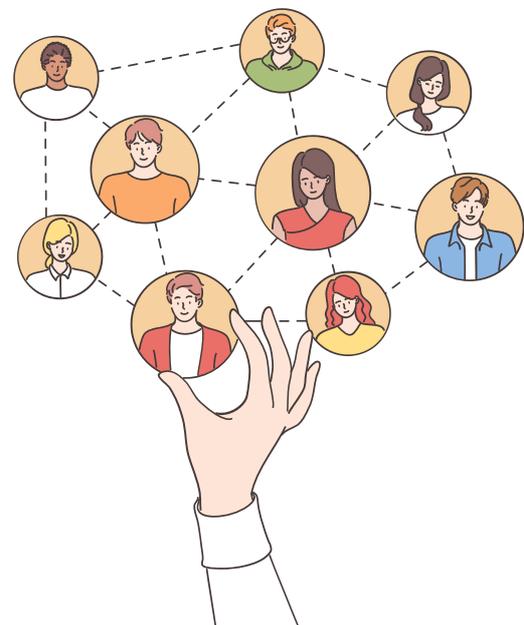
Keep an eye on both North Staffordshire Combined Healthcare NHS Trust and Midlands Partnership NHS Foundation Trust's recruitment web pages if you're interested in any forthcoming opportunities working within local mental health services.

For Combined Healthcare roles please visit:

[North Staffordshire Combined Healthcare NHS Trust](#)

For MPFT roles please visit:

[Midlands Partnership NHS Foundation Trust](#)



# Where to find more information

There's lots of work going on to transform community mental health services in North and South Staffordshire. Here's where to find the key information to keep you updated with our progress:



## North Staffordshire

- North Staffordshire Combined Healthcare NHS Trust podcasts – the Trust regularly produces its 'Combinations' podcast, with many topics on the Community Mental Health Transformation Programme. You can find all podcasts on [its SoundCloud page here](#) as well as by searching for the Combinations podcast across many other podcast channels.
- Combined Healthcare social media – Combined Healthcare posts regular updates on the transformation programme across its [Twitter](#), [Facebook](#) and [LinkedIn](#) accounts.
- Combined Healthcare news pages – visit Combined's '[Latest News](#)' page on its website for regular programme updates.
- Transformation in North Staffordshire also has its own section on the [Staffordshire and Stoke-on-Trent Integrated Care Board website here](#).

## Southern Staffordshire

- Midlands Partnership NHS Foundation Trust podcasts - several Community Mental Health Transformation Programme podcasts are now available via MPFT's podcast channel, these episodes will provide a helpful introduction to the community mental health transformation. Further related podcasts are due to follow, you can find previous podcasts by searching for the MPFT podcast on Spotify, Google Podcasts, Apple Podcasts and a range of other channels, and all podcasts relating to the community mental health transformation can be found on the [Staffordshire and Stoke-on-Trent Integrated Care Board website](#)
- MPFT social media – the Trust has dedicated social media pages to provide information and updates relating to the transformation. You can follow MPFT on [Twitter](#) or like its [Facebook page](#) for updates.

## Get in touch

If you have any questions relating to the transformation programme or feedback on the stakeholder newsletter and what you'd like us to cover, please email:

- North Staffordshire - [cmhtransformation@combined.nhs.uk](mailto:cmhtransformation@combined.nhs.uk)
- Southern Staffordshire - [MH-Transformation@mpft.nhs.uk](mailto:MH-Transformation@mpft.nhs.uk)

