

# Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter

MAR 2023

Welcome to this latest newsletter for the [Community Mental Health Transformation programme](#).

The programme is delivered by the Staffordshire and Stoke-on-Trent Integrated Care Board (ICB), NHS mental health providers (Midlands Partnership NHS Foundation Trust and North Staffordshire Combined Healthcare NHS Trust), primary care services, local authorities, and voluntary, community and social enterprise (VCSE) organisations.



We will be regularly updating you on the key developments and news from this programme, which seeks to transform the ways in which adult community mental health care and support is provided across Staffordshire and Stoke-on-Trent. To find out more about the Community Mental Health Transformation, NHS England has created a short animation, which you can watch [here](#).





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# Supporting people with Serious Mental Illnesses (SMI)

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Each month we're focusing on a different workstream within the programme, and for this edition it's the impact of serious mental illnesses (SMI) and physical health.

The collaborative programme between primary care and Midlands Partnership NHS Foundation Trust (MPFT) in southern Staffordshire and North Staffordshire Combined Healthcare NHS Trust (NSCHT) in northern Staffordshire continues to ensure those with a serious mental illness (SMI) diagnosis receive their annual health check.

In the south of Staffordshire, an MPFT Mental Health Non-Medical Prescriber works with primary care colleagues to run joint clinics in practices, offering a full physical and mental health review whether the service user is under the care of secondary services or not.

In North Staffordshire, NSCHT's SMI Physical Health team complete the health checks for people on the register that are under their care and return completed reviews back to practices.

Figures for both South and North Staffordshire have increased since the service started and MPFT and NSCHT are committed to increasing access and uptake.

To support this in the south of Staffordshire, MPFT has:

- Recruited support staff to follow up and offer an outreach service for people who do not attend.
- Redesigned their physical health form for in-house clinics to mirror those used in practices in order to improve communication with primary care to ensure eligible checks can be easily recorded. This will help to avoid duplication and ensure checks are reflected in the figures.
- Continued to share performance data with GP practices and Primary Care Networks have a good sense of progress.
- Helped practices validate their SMI registers to ensure the right people are being offered health checks.



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# Supporting people with Severe Mental Illnesses (SMI)

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In North Staffordshire, NSCHT has:

- Increased its resource to offer outreach visits for those people who find it difficult to attend appointments.
- Set up SMI health check clinics in each of its resource centres.
- Negotiated space within GP practices to provide these checks.
- Designed a patient information leaflet in collaboration with the mental health charity Rethink Mental Illness about the importance of the SMI physical health check - [www.combined.nhs.uk/new-smi-severe-mental-illness-annual-physical-health-check-leaflet-available](http://www.combined.nhs.uk/new-smi-severe-mental-illness-annual-physical-health-check-leaflet-available)
- Invested in health kit bags to promote health and wellbeing.
- Helped practices to validate their SMI registers.
- Supported training and development of staff and teams around physical health care.

Read a Q&A with John Roberts, Service Manager at NSCHT on the work that has taken place so far in North Staffordshire on SMI at [NSCHT: Focus on SMI checks with John Roberts – Transformation Programme Q&A](#)

## Listen to the podcast

- Listen to Combined Healthcare's Combinations podcast on its SMI work at [Combinations Podcast: SMI Physical Health - Community Mental Health Transformation Programme](#)
- Listen to the MPFT's Podcast on SMI work at [The MPFT Podcast](#)



# LATEST NEWS

## Stoke Social going from strength to strength

Stoke Social is a club for older adults which has been running since October 202. The group has grown significantly since then, from eight adults at the first session to 25+ every week since. It is a joint initiative between North Staffordshire Combined Healthcare NHS Trust (NSCHT) and Stoke City Football Club and was set up to combat social isolation in older people, as part of the Community Mental Health Transformation programme.

The club meets every Wednesday morning in Ricardo's Bar at Stoke City FC's stadium, with attendees enjoying various activities such as gentle chair based exercises, bingo, quizzes and even indoor curling.

It provides an opportunity for older adults to socialise, make new friends and receive advice from various guests and services that are invited to come along, all entirely free of charge. A representative from Wavemaker was also present, a local digital skills and engagement specialist, who provided free Amazon Alexa devices to members as a way to demonstrate the capabilities of technology and teach the benefits of digitally-assisted living and how it could further support.



Nicola Mayo, Team Lead at NSCHT for the County Older Persons Community Mental Health Transformation, is delighted with the growth of the group and said:

"The group has grown in numbers steadily over the last few months. The same people return each week as they enjoy coming so much but we love to see the new faces too.

"Our members enjoy time working on their physical health, are given health advice and improve social interaction whilst they are with us. Alongside coffee and biscuits, they get the opportunity to take part in quizzes, games and crafting opportunities.

"It is proving to be incredibly successful with some great feedback; one of our members said it was 'the highlight of my week'. Speaking to members of the club, it is clear that they have felt a huge positive effect on their own mental health and wellbeing as well as being able to meet new people and get out in the community."

For those wanting to find out more about the group, you can visit the Stoke City Football Club webpage at [Stoke City FC - Health & Wellbeing](#).





## Plans submitted for new £26.5m replacement outpatients building at Haywood Hospital

Plans to replace the outpatients building at Haywood Community Hospital in Stoke-on-Trent with a new £26.5m facility have been submitted by Midlands Partnership NHS Foundation Trust (MPFT).

The plans include replacing the existing building with a modern, fit for the future facility that will support the best delivery of care for patients.

The new building will still be accessed via the existing main hospital buildings and will continue to house existing services, including outpatient rheumatology services, diagnostics, physiotherapy and neuro-therapy. It will include sustainable energy sources and more efficient construction methods to meet net zero carbon targets.

The current outpatients building contains Reinforced Autoclaved Aerated Concrete (RAAC) within its roof; this is a form of prefabricated concrete plank which has become outdated and a national programme is underway by NHS England to remove RAAC from all NHS buildings.

MPFT has been allocated £18.2m through this national programme, with the remaining £8.3m required to develop the new building having been sourced from local capital allocations.

Neil Carr, MPFT Chief Executive said: "We are committed to investing in the future of health and care to make life better for the communities we serve, and this exciting new development to replace the outpatients building at Haywood Hospital with a new £26.5m facility will serve to improve the lives of local people."

"This major investment for the people of Staffordshire and Stoke-on-Trent will enable our staff and teams to work more closely together than ever before to deliver services that more effectively tackle health challenges being faced locally."

More information about the plans can be viewed at [MPFT: Haywood Hospital Outpatients Building Redevelopment Proposition](#)



## Inclusion partnering on launch of new East of England Gambling Service

Inclusion is working in partnership with Central and North West London NHS Foundation Trust (CNWL) on the launch of the new East of England Gambling Service.

Launching in spring, Inclusion, part of Midlands Partnership NHS Foundation Trust (MPFT) will combine its long-standing national reputation for providing high-quality addiction and mental health services with CNWL's 15 years' experience delivering pioneering NHS gambling treatment. This is the first clinic of its kind in the West Midlands and joins the already established clinics in the North and in London, as part of NHS England's plans to expand services across the country. The new service will be for people:

- aged 18 or over
- experiencing significant harm from their own or someone else's gambling
- not currently receiving in-patient treatment for acute mental health difficulties

It will accept referrals from a variety of external services around the East of England region, including GPs, health and justice providers, voluntary agencies and social services. It will also welcome self-referrals where possible



Many people take part in some form of gambling. For some, this can be an enjoyable activity, but for others, gambling can harm an individual's physical and mental health, relationships and performance at work, and can leave them in serious debt too.

Paul Evans, MPFT's Operational and Development Lead said: "The Inclusion/ MPFT team are delighted to working with CNWL colleagues to provide the East of England Gambling Service. We bring years of experience providing psychological services nationally and are really excited to work with service users who wish to change their gambling behaviour. We look forward to supporting service users and families across the East of England."

"Anyone 18 and over can access the service via our website and we'd be happy to offer them an assessment and help them with their difficulties. If anyone is concerned about their gambling, they can take a quick quiz on our website which will inform them about next steps."

Patients can refer themselves to the new clinic via [the online portal](#). If you or someone you know has a gambling addiction, the [National Gambling Helpline](#) also offers free and confidential advice.

## Combined and VSCE partners: Citizens Advice



North Staffordshire Combined Healthcare NHS Trust has released a further video in its three-part series of introduction to voluntary, community and social enterprise (VCSE) partner organisations who they work with as part of the Community Mental Health Transformation Programme.

The video focuses on the Potteries Moneywise service within the North Staffordshire and Stoke-on-Trent Citizens Advice branch, which offers financial wellbeing support to service users and those its supports.

Potteries Moneywise is a project within Citizens Advice Staffordshire North and Stoke-on-Trent offering 1-2-1 advice either at their offices in Hanley or over the telephone. Potteries Moneywise also offers training packages designed to help people manage their money better. The initial sessions are free. The information workshops can be delivered online or in a face-to-face group environment.

Potteries Moneywise can also offer information workshops that are energy-related and include energy efficiency and budgeting advice.

To watch the video, click the link [Citizens Advice Potteries Moneywise - YouTube](#). For more information on the service, visit [www.snsCab.org.uk](http://www.snsCab.org.uk)

# LATEST NEWS

## MPFT's service user participation and co-production campaign is RELAUNCHING



### Why is service user participation and co-production important?

Service user participation and co-production benefits staff, service users and their carers. Involving people with lived experience in this way provides a different perspective into how services are provided, giving an opportunity to learn, develop and create positive change within the services Midlands Partnership NHS Foundation Trust (MPFT) provides.



### People with lived experience can participate in the following ways:

- Bring a lived experience perspective to represent people who use services and their carers
- Change how the Trust communicates and engages with people
- Being involved in designing services
- Help recruit the right staff to help you
- Planning and delivering workshops

Service users and their carers can get involved by picking up one of MPFT's leaflets, which will signpost to an online form, or emailing [MHTransformation@mpft.nhs.uk](mailto:MHTransformation@mpft.nhs.uk).

# LATEST NEWS

## Lived Experience Community Mental Health Transformation Forum – new group

Are you someone who is living with mental health struggles, or caring for someone who does – or someone who is waiting for support?

Midlands Partnership NHS Foundation Trust (MPFT) want to hear about your experience of mental health services in Southern Staffordshire so that it can improve and maintain services and practices.

The Trust will be holding monthly workshops via Microsoft Teams that will focus on a number of different topics such as:

- Carers
- Digital competencies/ virtual consultations
- Support groups
- Care planning
- Medication



There are lots of ways to get involved with the transformation - whether you can give a little or a lot of time. If you would like to know more, please contact [fiona.moore@mpft.nhs.uk](mailto:fiona.moore@mpft.nhs.uk) for Southern Staffordshire, or [veronica.emlyn@combined.nhs.uk](mailto:veronica.emlyn@combined.nhs.uk) for North Staffordshire.

## Recruitment

Keep an eye on both North Staffordshire Combined Healthcare NHS Trust and Midlands Partnership NHS Foundation Trust's recruitment web pages if you're interested in any forthcoming opportunities.

For Combined Healthcare roles, please visit the link [here](#) and for MPFT roles, please click the link [here](#).



# Where to find more information

There's lots of work going on to transform community mental health services in North and Southern Staffordshire. Here's where to find key information to keep you updated with progress:



## North Staffordshire

- North Staffordshire Combined Healthcare NHS Trust (NSCHT) podcasts – the Trust regularly produces its 'Combinations' podcast, with many topics on the Community Mental Health Transformation programme. You can find all podcasts on [its SoundCloud page here](#) as well as by searching for the Combinations podcast across many other podcast channels.
- NSCHT social media – Combined Healthcare posts regular updates on the transformation programme across its [Twitter](#), [Facebook](#) and [LinkedIn](#) accounts.
- NSCHT news pages – visit Combined's '[Latest News](#)' page on its website for regular programme updates.
- Transformation in North Staffordshire also has its own section on the [Staffordshire and Stoke-on-Trent Integrated Care Board website here](#).

## Southern Staffordshire

- Midlands Partnership NHS Foundation Trust podcasts (MPFT) - a number of Community Mental Health Transformation programme podcasts are available via MPFT's [podcast channel](#), these episodes will provide a helpful introduction to the community mental health transformation. Further related podcasts are due to follow, you can find previous podcasts by searching for the MPFT podcast on Spotify, Google Podcasts, Apple Podcasts and a range of other channels, and all podcasts relating to the community mental health transformation can be found on the [Staffordshire and Stoke-on-Trent Integrated Care Board website](#)
- MPFT social media – the Trust has dedicated social media pages to provide information and updates relating to the transformation. You can follow MPFT on [Twitter](#) or like its [Facebook page](#) for updates.

## Get in touch

If you have any questions relating to the transformation programme or feedback on the stakeholder newsletter and what you'd like us to cover, please email:

- North Staffordshire - [cmhtransformation@combined.nhs.uk](mailto:cmhtransformation@combined.nhs.uk)
- Southern Staffordshire - [MH-Transformation@mpft.nhs.uk](mailto:MH-Transformation@mpft.nhs.uk)

