



# Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter

JUNE  
2023

Welcome to this latest newsletter for the [Community Mental Health Transformation programme](#).

The programme is delivered by the Staffordshire and Stoke-on-Trent Integrated Care Board (ICB), NHS mental health providers (Midlands Partnership University NHS Foundation Trust and North Staffordshire Combined Healthcare NHS Trust), primary care services, local authorities, and voluntary, community and social enterprise (VCSE) organisations.



We will be regularly updating you on the key developments and news from this programme, which seeks to transform the ways in which adult community mental health care and support is provided across Staffordshire and Stoke-on-Trent. To find out more about the Community Mental Health Transformation, NHS England has created a short animation, which you can watch by clicking [NHS Community Mental Health Transformation - YouTube](#).



# LATEST NEWS

## Visit to Community Grant recipient SCEAP

Staffordshire and Cheshire Equine Assisted Psychotherapy (SCEAP) is based on the outskirts of Stoke-on-Trent, at Great Eaves Farm in Bucknall. During the visit to the farm, it was clear to see the calming affects that the location can have on visitors before even stepping into the therapy space or meeting the animals.

SCEAP is a recent recipient of the second round of Community Mental Health Transformation Programme grants, delivered in partnership between North Staffordshire Combined Healthcare NHS Trust and Midlands Partnership University NHS Foundation Trust and The Community Foundation. The Community Interest Company (CIC) offers counselling and equine psychotherapy to members of Stoke-on-Trent and the wider community who might benefit from therapeutic support for a variety of issues.



The grant will allow SCEAP to provide free therapy sessions for those who are referred. Maggie Falconer Drew-Taylor is an Equine Facilitated Psychotherapist who facilitates the therapy at the farm, with help from her therapy herd of 6 horses. She has been working at SCEAP for six years and has seen the benefits of equine therapy for the visitors who she works with. As part of her work in partnership with Combined Healthcare, Maggie will partner with the Preparing for Adulthood team at the Trust, offering service users aged 16-18 years old who are living with mental illness the opportunity to have one-to-one or group sessions with Maggie and the therapy herd to support them with coping strategies and ways of dealing with their mental health issues. The therapy for the young adults is also a way to support the family of the individual, through involving family members in deciding the best ways to support their young adult as well as running a support group for the parents and carers of the young people.

For more information on SCEAP you can [visit their website](#). Referrals to SCEAP through Combined Healthcare NHS Trust will be open for 16-18 year olds who are current service users at Combined Healthcare which can be made via their Care Co-ordinators.



---

# The restorative power of “green social prescribing” - Latest episode of the Community Mental Health Transformation podcast

---

The Community Mental Health Transformation programme podcast is a joint initiative between North Staffordshire Combined NHS Trust (NSCHT) and Midlands Partnership University NHS Foundation Trust (MPFT). Colleagues from each of the Communications teams meet with guests to discuss various areas of the transformation to provide a more in-depth insight.

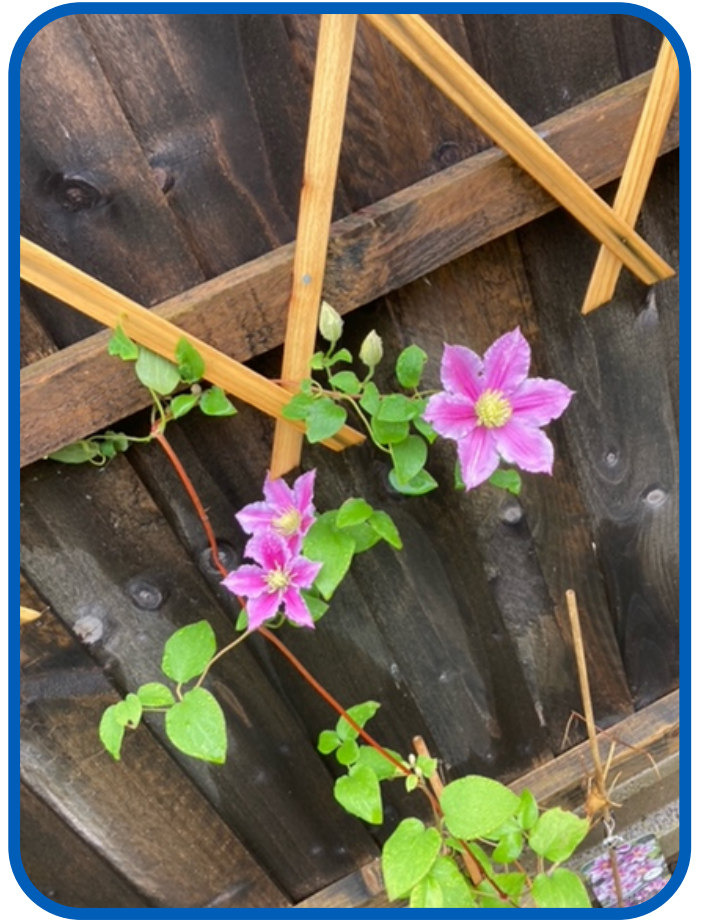


For June Eilish Mulholland, Communications and Engagement Officer for MPFT Mental Health Transformation talked to Nicola Ball, Specialist Nurse Practitioner about green incentives taking place as part of Green MPFT including the restorative power of “green social prescribing”, the development of allotment spaces and gardening therapy.

To find out more about Green MPFT you can click here: <https://www.mpft.nhs.uk/about-us/green-mpft>.



Further photos of the garden space mentioned in this month's podcast episode can be seen below:



## Listen to the podcast

You can listen to this episode and other Community Mental Health Transformation programme podcasts via either the Combined Combinations podcast channel or through the MPFT Podcast.

- Listen to Combined Healthcare's Combinations podcast at [Combinations Podcast](#)
- Listen to [The MPFT Podcast](#)

# LATEST NEWS

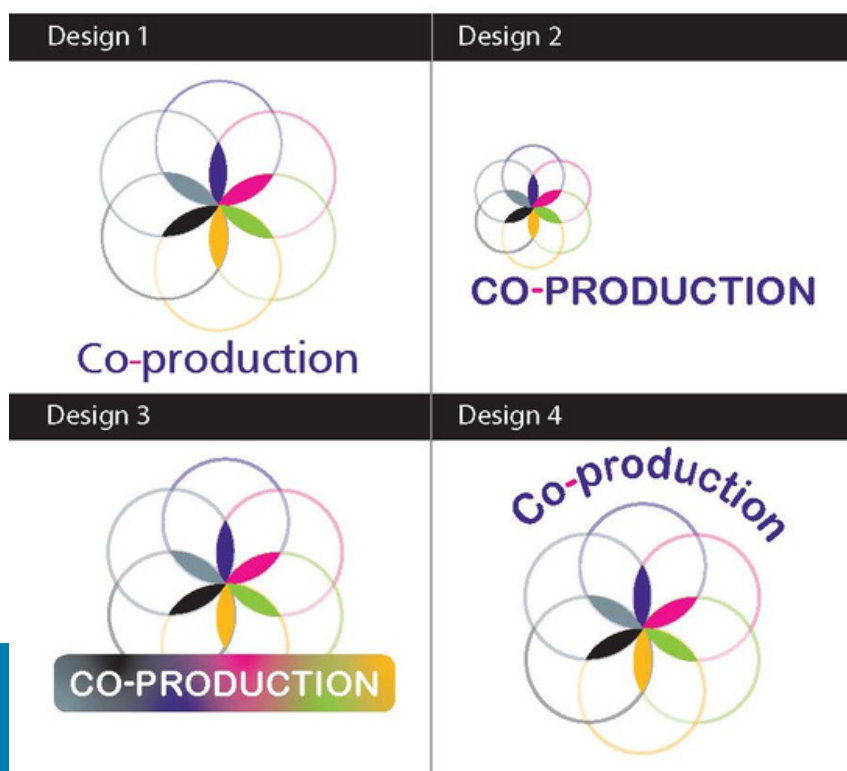
## Co-production logo shortlist voting now open

As part of the [Community Mental Health Transformation programme](#) in Staffordshire and Stoke-on-Trent, North Staffordshire Combined Healthcare NHS Trust and Midlands Partnership University NHS Foundation Trust have previously asked for help in creating a co-production logo. The logo has now been chosen from those submitted, and the Trusts are now looking for the final variation of the chosen logo to be voted on.

This voting process will decide on which of the four versions we will use on co-produced materials moving forward across both Trusts and initially as part of the Community Mental Health Transformation programme following [set guidelines](#). We would be grateful if you could cascade this offer across your service user networks, or use this as an activity with service users where appropriate.

Please use the [Microsoft Form to vote](#) on your preferred logo from the options on the survey, which will remain open until 5pm on 30 July.

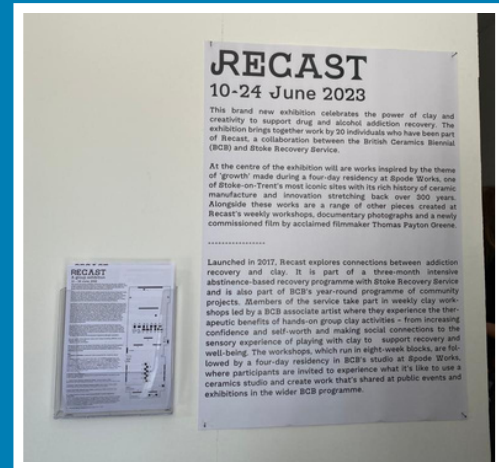
For more information on the co-production logo, please contact [mh-transformation@mpft.nhs.uk](mailto:mh-transformation@mpft.nhs.uk).



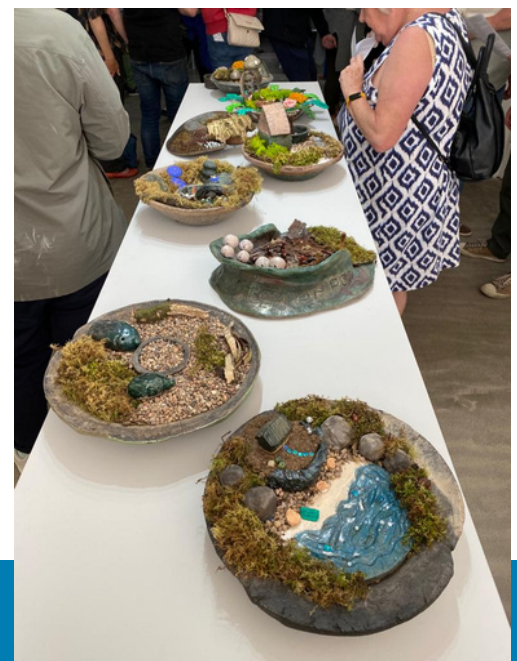
# Recast exhibition – Community Grant recipient

British Ceramics Biennial (BCB) are an organisation based in Stoke-on-Trent who are a grant recipient of the first round of the Community Mental Health Transformation programme grants. The first grant round was focussed on providing funding to community and voluntary groups who support adults with severe mental illness and was awarded in September 2022.

With the funding awarded, British Ceramics Biennial were able to cover 50% of project costs in order to continue with the Recast programme which was specifically designed to support those recovering from drug and alcohol addiction and run in partnership between the British Ceramics Biennial and the Stoke Recovery Service. The programme was made up of 8 weeks of clay workshops and culminated in an exhibition in central Hanley in June 2023.



The Recast exhibition took place at the AirSpace gallery and at the centre of the exhibition were works inspired by the theme of 'growth' which were made during a four-day residence at Spode Works. A selection of the Serenity Gardens created as part of the project can be seen pictured below, as well as a range of other pieces created at Recast's weekly workshops, documentary photographs and a newly commissioned film about the process by acclaimed filmmaker Thomas Payton Green.





Jo Mills, BCB Studio and Community Programme Manager comments: "We have found clay and ceramic processes to be rich territory for exploring addiction recovery. Coming together in a group to try new things, make a mess, forget about day-to-day life and connect with creativity has been invaluable for our Recast participants. It's wonderful to be able to share all this work with the public, and we hope that in doing so we'll contribute to a more positive narrative around addiction recovery."

Bex Stubbs, Project Manager for the Transformation Management Office, attended the event on behalf of North Staffordshire Combined Healthcare NHS Trust and said "Recast is a wonderful example of the positive impact community grant funding can have in our local community and what projects like this can help people achieve. The exhibition was a brilliant opportunity to see the results of participants work show cased for all to see. It was lovely to read some of the meanings behind the pieces and to share in such a special occasion. As a Trust we are excited to see what comes next as the project continues."

Wayne, Recast participant, comments: "You can evolve. Every time you come, you're doing something different. You're thinking different as well."

The Recast project was part funded by The Community Foundation as part of the Community Mental Health Transformation Programme round one grants supported by North Staffordshire Combined Healthcare NHS Trust and Midlands Partnership University NHS Foundation Trust.

For more information on the Community Mental Health Transformation programme [please see the website here](#).

## Clinical Practice Network: The Voice of Frontline Staff – A celebration event

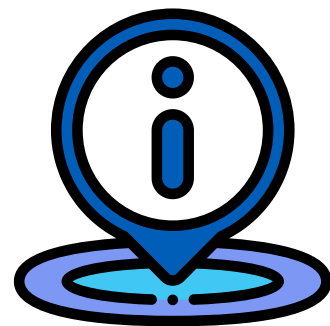
Midland Partnership University NHS Foundation Trust (MPFT) staff and services had the opportunity to celebrate their efforts toward continuous Improvement activity as well as supporting staff with their own wellbeing and updating them with regards to work initiatives that will support staff deliver improved care and support their wellbeing. The event was hosted by the Clinical and Practice Network, part of the Continuous Improvement Family at MPFT. The format was a mixture of poster presentations, with opportunities to browse colleagues' poster displays and stalls, together with informal networking throughout the day.

The following teams have won awards based on their posters:

- Adult Inpatient Wards
- Discharge Re-enablement Community Pathway
- Hospital Avoidance Team
- Dementia In-Reach into Prisons

# Where to find more information

There's lots of work going on to transform community mental health services in North and Southern Staffordshire. Here's where to find key information to keep you updated with progress:



## North Staffordshire

- North Staffordshire Combined Healthcare NHS Trust (NSCHT) podcasts – the Trust regularly produces its 'Combinations' podcast, with many topics on the Community Mental Health Transformation programme. You can find all podcasts on [its SoundCloud page here](#) as well as by searching for the Combinations podcast across many other podcast channels.
- NSCHT social media – Combined Healthcare posts regular updates on the transformation programme across its [Twitter](#), [Facebook](#) and [LinkedIn](#) accounts.
- NSCHT news pages – visit Combined's '[Latest News](#)' page on its website for regular programme updates.
- Transformation in North Staffordshire also has its own section on the [Staffordshire and Stoke-on-Trent Integrated Care Board website here](#).

## Southern Staffordshire

- Midlands Partnership NHS Foundation Trust podcasts (MPFT) - a number of Community Mental Health Transformation programme podcasts are available via MPFT's [podcast channel](#), these episodes will provide a helpful introduction to the community mental health transformation. Further related podcasts are due to follow, you can find previous podcasts by searching for the MPFT podcast on Spotify, Google Podcasts, Apple Podcasts and a range of other channels, and all podcasts relating to the community mental health transformation can be found on the [Staffordshire and Stoke-on-Trent Integrated Care Board website](#)
- MPFT social media – the Trust has dedicated social media pages to provide information and updates relating to the transformation. You can follow MPFT on [Twitter](#) or like its [Facebook page](#) for updates.

## Get in touch

If you have any questions relating to the transformation programme or feedback on the stakeholder newsletter and what you'd like us to cover, please email:

- North Staffordshire - [cmhtransformation@combined.nhs.uk](mailto:cmhtransformation@combined.nhs.uk)
- Southern Staffordshire - [MH-Transformation@mpft.nhs.uk](mailto:MH-Transformation@mpft.nhs.uk)

