

## Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter



Welcome to this latest newsletter focusing on the work taking place by local health and care partners across Staffordshire and Stoke-on-Trent to transform the way adult community mental health care and support is provided.



## What is the Community Mental Health Transformation Programme?

This forms part of a national programme set out in the NHS Long Term Plan to enable adults with severe mental illness to access care and support in a new, more joined up and effective way, regardless of their diagnosis or level of complexity.

This is about offering flexible and personalised care and support that responds to an individual's mental health needs and preferences close to home; while also increasing support for the wider factors that can impact wellbeing, such as employment, housing and physical health.

To do this, health and care providers are working more closely together, based within networks of GP practices (known as Primary Care Networks), alongside local authorities and voluntary and community organisations.

Find out more about the transformation by visiting Adult Community Mental Health

Transformation - Staffordshire and Stoke-on-Trent Integrated Care Board. You can also view NHS England and NHS Improvement's short animated video about the transformation nationally.



## DIGITAL TRANSFORMATION

We're focusing each month on a different workstream within the programme and for this edition it's Digital Transformation.

The Digital workstream ensures the transformation programme's objectives are enabled through digital transformation of infrastructure and systems. The success of our digital objectives will support collaborative working across the partner community and improved access to mental health care.

The workstream reports in to the transformation programme's Steering Group, with additional reporting into the Staffordshire and Stoke-on-Trent Integrated Care System (ICS) Digital Programme Board to maintain alignment of activities across the system.

It currently includes a number of key individuals from across Midlands
Partnership Foundation NHS Trust (MPFT) and North Staffordshire Combined
Healthcare NHS Trust (NSCHT), and is looking to widen its membership to include representatives from local authorities, primary care and members of the wider health and care community. The group is led clinically by the Chief Clinical Information Officers from each organisation – Dr Suvanthi Subbarayan (NSCHT) and Dr Matthew Tovey (MPFT).

Within the workstream, the following key projects have been identified:

- Integrated Mental Health Care Plan & Service User Held Care Plan: a project to improve the way mental health care plans are accessed and updated by service users, and collaborated on securely across partners.
- Integrated Severe Mental Illness (SMI)
   Physical Health Checks: a project to improve the integration of physical health check needs with mental health support, ensuring that all care activities are updated and aligned across partners.
- Additional Roles Reimbursement Scheme (ARRS) activity integration: a project to improve the processes and systems in use for mental health practitioners working within GP practices and other primary care settings. These improvements will improve access to early mental health support.

These projects support wider activities co-ordinated as part of the transformation programme and are focused on co-ordinating resources to support delivery, ensuring that best practice is shared across partners and standardised approaches can be taken.

To find out more, listen to a podcast conversation with workstream leads Martyn Perry and David Hewitt either via the <u>MPFT Podcast</u> or <u>NSCHT'S Combinations Podcast</u>.





### Community Mental Health Fund for Adults – now open for applications

New funding is available for organisations that support adults in Staffordshire suffering from mental health related issues.

Grants of between £1,000-20,000 are available and, in order to be eligible, your organisation must be based, or working to benefit people in the following local authority areas:

#### **North Staffordshire**

- Newcastle-under-Lyme Borough
- Staffordshire Moorlands District
- Stoke-on-Trent City

#### **Southern Staffordshire**

- Cannock Chase District
- East Staffordshire District
- Lichfield District
- South Staffordshire District
- Stafford Borough
- Tamworth Borough

You can be delivering or based in the areas detailed above. However, you must have a local connection to the area in which the proposal will be delivered and clearly demonstrate this connection.

Applications without clear demonstration of local connection will not be considered.

In the first round of grant funding there will be system-wide focus on under-represented groups that were the result of a detailed local data analysis. These include:

- Men over 40 years
- Muslim and Eastern European communities, inclusive of individuals/families seeking asylum.
- Older Adults (65 years+)
- Young Adults (18-25 years)
- LGBTO+
- People with co-occurring needs and substance use
- People with disabilities
- Travelling Communities
- Veterans

#### **Submission deadlines**

Applications received before 12 August will go to the panel on or around 12 September. There is an intention to commission two grant rounds per year for the next three years; the dates of subsequent application windows and panels are to be confirmed.

### How to apply

To apply for a grant of between £1,000 and £20,000 please submit an application using the online application facility (link below). You can attach any supporting documents to the application form. For more detailed information and the link in order to apply, visit Community Mental Health Fund for Adults – The Community Foundation for Staffordshire.



## Discover more about job opportunities at:

North Staffordshire Combined Healthcare NHS Trust

Midlands Partnership NHS Foundation Trust

## Video promoting new partnerships formed between MPFT and voluntary and community organisations

We spoke in the last edition about new partnerships that have been formed between Midlands Partnership NHS Foundation Trust (MPFT) and a number of voluntary and community organisations as part of the transformation in the south of the county. A new video has been produced that talks about this in more detail – you can watch the video at Meet Our Provider Partners – MPFT (YouTube)



### Men over 40s – Stoke City Football Club Health and Wellbeing Sessions

We are looking for men over 40 people with lived experience of mental health to join a focus group looking at developing men's health and wellbeing sessions in collaboration with Stoke City FC. We are asking for people with lived experience to explore the options for setting up and running these sessions. If you are interested, please contact Fiona Moore at fiona.moore@mpft.nhs.uk

# Promoting involvement in the transformation programme

We are working to co-produce a number of short videos aimed at users of mental health services, their carers and for staff about the different ways to get involved in the transformation programme and how to do this. Please contact Fiona Moore at <a href="mailto:fiona.moore@mpft.nhs.uk">fiona.moore@mpft.nhs.uk</a> for more information or if you would like to get involved.

### Where to find more information

Find out more about the transformation by visiting: <u>Adult Community</u> <u>Mental Health Transformation - Staffordshire and Stoke-on-Trent</u> <u>Integrated Care Board</u>



### **Northern Staffordshire**

- You can find further details about the work taking place in the north of the county at <u>Community Mental Health</u> <u>Transformation North Staffordshire</u> (<u>Staffordshire and Stoke-on-Trent</u>, <u>Integrated Care Board</u>)
- NSCHT podcasts the Trust regularly produces its 'Combinations' podcast, with many topics on the Transformation Programme. You can find all podcasts on its <u>Combined</u> <u>Healthcare NHS Trust (SoundCloud)</u> page here as well as by searching for 'Combinations podcast' across many other podcast channels.
- NSCHT social media the Trust posts regular updates on the transformation programme across its @CombinedNHS (Twitter), @NorthStaffsCombined (Facebook) and Linkedin accounts.
- NSCHT news
   – visit News (North
   Staffordshire Combined Healthcare)
   for regular programme updates.

### **Southern Staffordshire**

- You can find further details about the work taking place in the south of Staffordshire at <u>Community Mental</u> <u>Health Transformation South</u> <u>Staffordshire (Staffordshire and</u> <u>Stoke-on-Trent, Integrated Care</u> Board)
- MPFT podcasts the Trust's podcast channel features a number of episodes focusing on the transformation programme podcasts; discover more at <u>The MPFT Podcast</u> (Anchor)
- MPFT social media the Trust has dedicated social media pages to provide information and updates relating to the transformation. Follow @MPFTHaveYourSay (Twitter) or @MPFTHaveYourSay (Facebook)
- MPFT news visit <u>News Midlands</u>
   <u>Partnership Foundation Trust</u> for regular programme updates.

## Share your experiences & get in touch

Service users, carers and anyone interested in mental health are being sought to get involved in shaping the transformation. Examples include sitting on an interview panel, or taking part in meetings to offer your views - there are lots of ways to get involved.

If you would like to be involved with the transformation programme, have any questions, or wish to provide feedback on this newsletter and what you'd like us to cover, please email:

- cmhtransformation@combined.nhs.uk if you live in the north of Staffordshire
- MH-Transformation@mpft.nhs.uk –
  if you live in in the south of Staffordshire