

# Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter

AUG  
2022

Welcome to this latest newsletter focusing on the work taking place by local health and care partners across Staffordshire and Stoke-on-Trent to transform the way adult community mental health care and support is provided.



## What is the Community Mental Health Transformation Programme?

This forms part of a national programme set out in the [NHS Long Term Plan](#) to enable adults with severe mental illness to access care and support in a new, more joined up and effective way, regardless of their diagnosis or level of complexity.

This is about offering flexible and personalised care and support that responds to an individual's mental health needs and preferences close to home; while also increasing support for the wider factors that can impact wellbeing, such as employment, housing and physical health.

To do this, health and care providers are working more closely together, based within networks of GP practices (known as Primary Care Networks), alongside local authorities and voluntary and community organisations.

Find out more about the transformation by visiting [Adult Community Mental Health Transformation - Staffordshire and Stoke-on-Trent Integrated Care Board](#). You can also view [NHS England and NHS Improvement's short animated video about the transformation nationally](#).



## Enhanced Self-Harm Support and Recovery Service

An enhanced recovery and support service for adults in Staffordshire who are self-harming or having suicidal thoughts is being launched on 1 October.

The new Self-Harm Support and Recovery service pathway will support a larger number of patients, particularly those who present to primary care.

It will be delivered by NHS mental health professionals supporting local primary care services and also involve additional training being offered to system partners.

Many people who self-harm are not known to secondary care services, so the aim will be to ensure they are seen at an earlier stage and receive the specialist mental health help and support they need; reducing the possibility of ending up in an emergency department.

It will be funded via the Staffordshire and Stoke-on-Trent Community Mental Health Transformation programme and be provided in North Staffordshire by North Staffordshire Combined Healthcare NHS Trust, with Midlands Partnership NHS Foundation Trust providing the service in the south of the county.

It will build on the current pathway which is provided by [Brighter Futures](#) and funded until the end of September via the UK Health Security Agency's (formerly Public Health England) Suicide Prevention Strategy.

Nationally, hospitals in England deal with around 220,000 episodes of self-harm each year, by around 150,000 people. The risk of suicide increases by 30-50 times following self-harm.

If you have any questions about the provision in North Staffordshire, please contact Emma Jones at [EmmaL.Jones@combined.nhs.uk](mailto:EmmaL.Jones@combined.nhs.uk)

For queries regarding the provision in Southern Staffordshire, please contact Michaela Kemp at [michaela.kemp@mpft.nhs.uk](mailto:michaela.kemp@mpft.nhs.uk)



# MPFT holds Mental Health Careers Event in Stafford

Staff from Midlands Partnership NHS Foundation Trust (MPFT) held a Mental Health Careers event at Stafford Hockey & Cricket Club on 18 July to help attract new talent within the Trust's Integrated Mental Health Teams.

Attendees were invited to meet with teams on the day to find out about the mental health career opportunities available and chat with staff about career progression routes and professional development.

Those attending on the day had the opportunity to be interviewed on the day, and over half of those who joined the event left with a job offer.



## Discover more about job opportunities at:

[North Staffordshire Combined Healthcare NHS Trust](#)

[Midlands Partnership NHS Foundation Trust](#)

## Get involved page launches

Midlands Partnership NHS Foundation Trust (MPFT) has created a new webpage to help service users and their carers get involved in the transformation programme.

The webpage contains information about how to get involved, and where to find out more about the programme. To visit the page click [Get Involved - Community Mental Health Transformation \(mpft.nhs.uk\)](#)

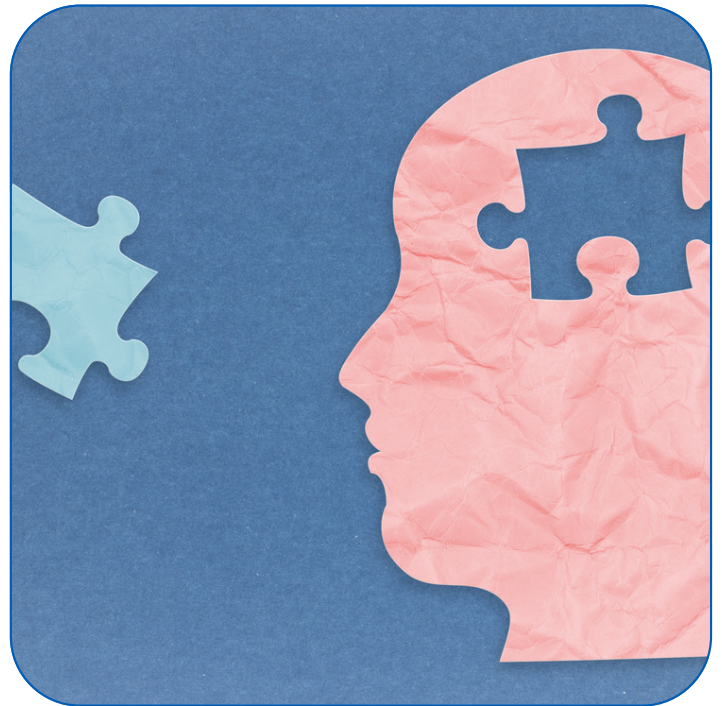




# INVOLVEMENT

## Men over 40s – Stoke City Football Club Health and Wellbeing Sessions

We are looking for men over 40 people with lived experience of mental health to join a focus group looking at developing men's health and wellbeing sessions in collaboration with Stoke City FC. We are asking for people with lived experience to explore the options for setting up and running these sessions. If you are interested, please contact Fiona Moore at [fiona.moore@mpft.nhs.uk](mailto:fiona.moore@mpft.nhs.uk)



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## Promoting involvement in the transformation programme

We are working to co-produce a number of short videos aimed at users of mental health services, their carers and for staff about the different ways to get involved in the transformation programme and how to do this. Please contact Fiona Moore at [fiona.moore@mpft.nhs.uk](mailto:fiona.moore@mpft.nhs.uk) for more information or if you would like to get involved.



# Where to find more information

Find out more about the transformation by visiting: [Adult Community Mental Health Transformation - Staffordshire and Stoke-on-Trent Integrated Care Board](#)



## Northern Staffordshire

- You can find further details about the work taking place in the north of the county at [Community Mental Health Transformation North Staffordshire \(Staffordshire and Stoke-on-Trent, Integrated Care Board\)](#).
- NSCHT podcasts – the Trust regularly produces its 'Combinations' podcast, with many topics on the Transformation Programme. You can find all podcasts on its [Combined Healthcare NHS Trust \(SoundCloud\)](#) page here as well as by searching for 'Combinations podcast' across many other podcast channels.
- NSCHT social media – the Trust posts regular updates on the transformation programme across its [@CombinedNHS \(Twitter\)](#), [@NorthStaffsCombined \(Facebook\)](#) and [Linkedin](#) accounts.
- NSCHT news – visit [News \(North Staffordshire Combined Healthcare\)](#) for regular programme updates.

## Southern Staffordshire

- You can find further details about the work taking place in the south of Staffordshire at [Community Mental Health Transformation South Staffordshire \(Staffordshire and Stoke-on-Trent, Integrated Care Board\)](#).
- MPFT podcasts – the Trust's podcast channel features a number of episodes focusing on the transformation programme podcasts; discover more at [The MPFT Podcast \(Anchor\)](#).
- MPFT social media – the Trust has dedicated social media pages to provide information and updates relating to the transformation. Follow [@MPFTHaveYourSay \(Twitter\)](#) or [@MPFTHaveYourSay \(Facebook\)](#).
- MPFT news – visit [News Midlands Partnership Foundation Trust](#) for regular programme updates.

## Share your experiences & get in touch

Service users, carers and anyone interested in mental health are being sought to get involved in shaping the transformation. Examples include sitting on an interview panel, or taking part in meetings to offer your views - there are lots of ways to get involved.

If you would like to be involved with the transformation programme, have any questions, or wish to provide feedback on this newsletter and what you'd like us to cover, please email:

- [cmhtransformation@combined.nhs.uk](mailto:cmhtransformation@combined.nhs.uk) – if you live in the north of Staffordshire
- [MH-Transformation@mpft.nhs.uk](mailto:MH-Transformation@mpft.nhs.uk) – if you live in the south of Staffordshire