

Staffordshire and Stoke-on-Trent Adult Community Mental Health Transformation Newsletter

April 2022

Welcome

Welcome to this newsletter, focusing on the work taking place by local by health and care partners across Staffordshire and Stoke-on-Trent to transform the way adult community mental health care and support is provided.

What is the Community Mental Health Transformation Programme?

This forms part of a national programme set out in the <u>NHS Long Term Plan</u> to enable adults with severe mental illness to access care and support in a new, more joined up and effective way, regardless of their diagnosis or level of complexity.

This is about offering flexible and personalised care and support that responds to an individual's mental health needs and preferences close to home; while also increasing support for the wider factors that can impact wellbeing, such as employment, housing and physical health.

To do this, health and care providers are working more closely together, based within networks of GP practices (known as Primary Care Networks), alongside local authorities and voluntary and community organisations.

Find out more about the transformation by visiting <u>Together We're Better's Adult Community Mental Health Transformation page</u>. You can also view <u>NHS England and NHS Improvement's short animated video about the transformation nationally.</u>

Latest news

Share your views at our communications workshop – Monday 25 April, 1-2pm

Feedback is vital in helping to both shape the transformation and the messages we share. We particularly welcome your thoughts on two areas of our communications work for the programme around website pages for patients and how we can improve the language



and style of our communications. North Staffordshire Combined Healthcare NHS Trust and Midlands Partnership Foundation NHS Trust will be running a short online workshop and feedback session on Microsoft Teams on Monday 25 April from 1-2pm on this subject. If you would like be part of this workshop, please email MHTransformation@MPFT.nhs.uk.

Additional workshops are run as part of the programme, involving people with lived experience to discuss ideas for improving processes, pathways and the accessibility of services. If you know any service users who would like to be involved with any of these workshops, please email MH-Transformation@mpft.nhs.uk (if you live in South Staffordshire) or cmbtransformation@combined.nhs.uk (if you live in North Staffordshire).

Submit your questions for Community Mental Health Transformation mailbag podcast

North Staffordshire Combined Healthcare NHS Trust and Midlands Partnership Foundation NHS Trust are jointly producing a mailbag Q&A podcast, giving you the opportunity to have your questions relating to the programme answered. Send your questions via email to MH-Transformation@mpft.nhs.uk



Share your experiences

Service users, carers and anyone interested in mental health are being sought to get involved in shaping the transformation. Examples include sitting on an interview panel, or taking part in meetings to offer your views - there are lots of ways to get involved.



If you would like to be involved with the transformation programme, or if you have any questions, you can get in touch by emailing:

- <u>cmhtransformation@combined.nhs.uk</u> if you live in North Staffordshire
- MH-Transformation@mpft.nhs.uk if you live in South Staffordshire

Where to find information

Find out more about the transformation by visiting <u>Together We're</u> Better's Adult Community Mental Health Transformation page.

- For news, information, links to podcasts, social media and other details relating to work taking place in North Staffordshire, visit the <u>Together We're Better's North</u> Staffordshire Adult Community Mental Health Transformation page.
- For news, information, links to podcasts, social media and other details relating to work taking place in South Staffordshire, visit the <u>Together We're Better's South</u> Staffordshire Adult Community Mental Health Transformation page.

Get in touch

If you have any questions relating to the transformation programme or feedback on the stakeholder newsletter and what you'd like us to cover, please email:



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