

# Do you know the **side** **effects?**

Painkillers  
could be  
the reason  
you don't feel  
yourself.

Speak to your  
GP Practice.





Do you get headaches regularly?



Can't get out of bed in the morning? Do you always feel tired?



Are you struggling to concentrate?



Are you nauseous?



Are you forgetful?



Are you watching the clock to take your next tablet?



Are you struggling to go to the toilet (constipation)?



Are you feeling low? Do you think painkillers are affecting your mood?

Take control of your treatment.  
It all starts with a conversation.

**For more information visit:**

[staffsstoke.icb.nhs.uk/doyouknowthesideeffects](https://staffsstoke.icb.nhs.uk/doyouknowthesideeffects)

