

Oliver McGowan Mandatory Training

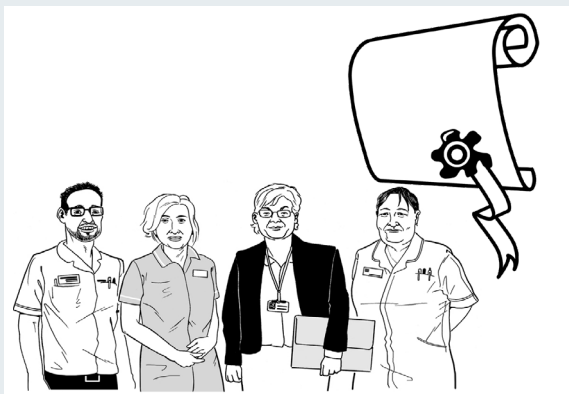
Train the co-trainer guide



Easy read



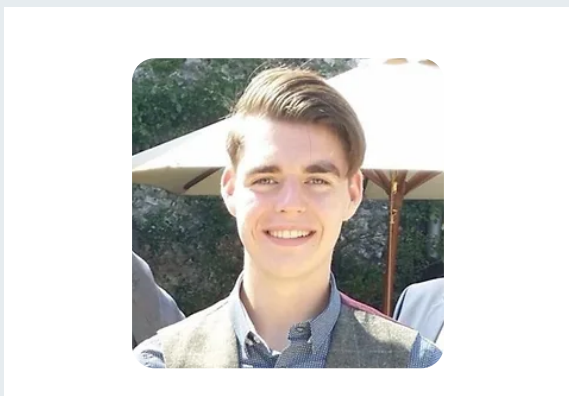
What is the Oliver McGowan Mandatory Training?



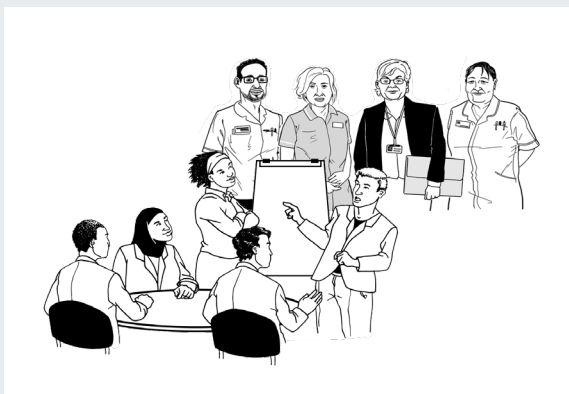
The law says that all staff working in services registered with the **Care Quality Commission (CQC)** should be trained in how to care for people with a learning disability and autistic people.



The government says the **Oliver McGowan Mandatory Training** is very good training.



This training is named after **Oliver McGowan** – a young man who was diagnosed with autism and a learning disability. Oliver sadly died because staff who cared for him did not have the skills and knowledge to look after him.



The Oliver McGowan campaign is led by Oliver's mother, Paula McGowan OBE. She wants all health and care staff to have the right training to provide the best care for people with a learning disability and autistic people.

There are 2 parts to the Oliver McGowan Mandatory training.

Part 1 1 hour 30 minutes



All health and social care professionals need to do part 1. This can be done through **eLearning** (on a computer). It will take about 1 and a half hours.

Part 2

Tier 1



Part 2 is a training session delivered by people who have lived experience of a learning disability or autistic people. It is split into 2 **tiers** (levels).

This guide will give you the information you need to deliver tier 1 and tier 2 training.

Tier 1 is for anyone working in health and care. It helps staff understand the care that people with a learning disability and autistic people need.

Tier 1 **1 hour**



Tier 1 training is provided through a **webinar** (an online session) which takes about 1 hour.

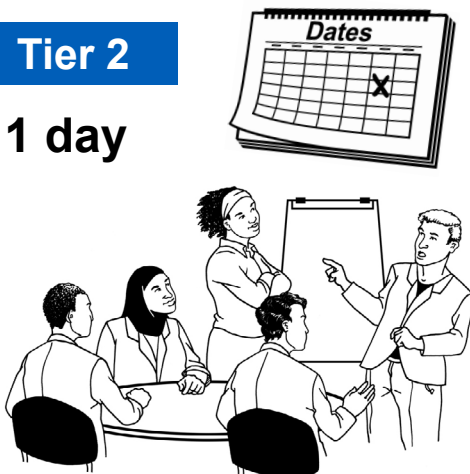
Tier 2



Tier 2 is for staff who may give care to people with a learning disability and autistic people – including receptionists. It gives more detail about how to care for and support these people.

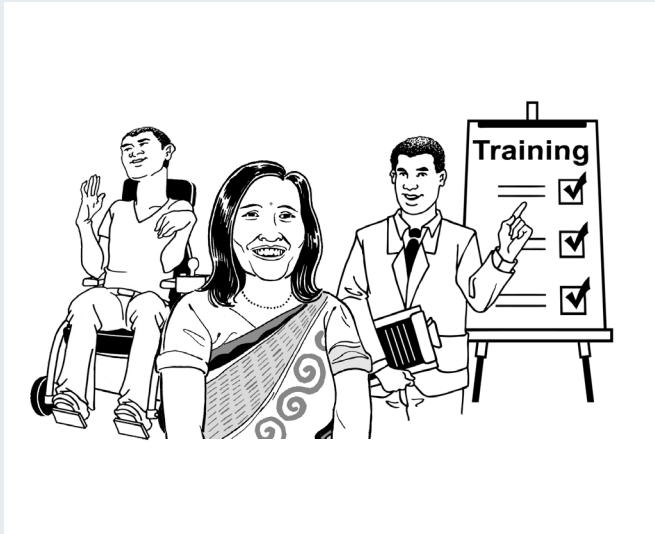
Tier 2

1 day



Tier 2 training is provided face-to-face. It will either be 1 full day, or over 2 half days.

How can I become a co-trainer?



The Oliver McGowan part two training will be delivered by 3 people:

- 1 **facilitator trainer**
- 2 **co-trainers** – 1 autistic person and 1 person with a learning disability.

- ✓ **Learning disability**
- ✓ **Autism**
- ✓ **Learning disability and autism**

To become a **co-trainer**, you must be an autistic person or have a learning disability - or both.



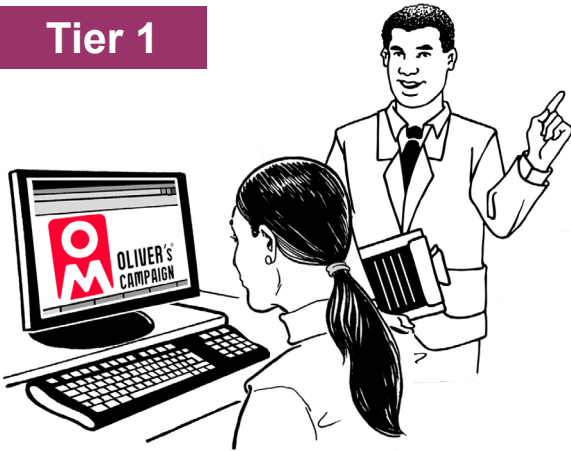
If you are interested in being a co-trainer, please contact Chrissie at Asist Advocacy:

- Phone **07833 294644**
- Email [**christina.swallow@asist.co.uk**](mailto:christina.swallow@asist.co.uk)

What training will I receive as a co-trainer?

You will receive full training for either tier 1, tier 2 – or both.

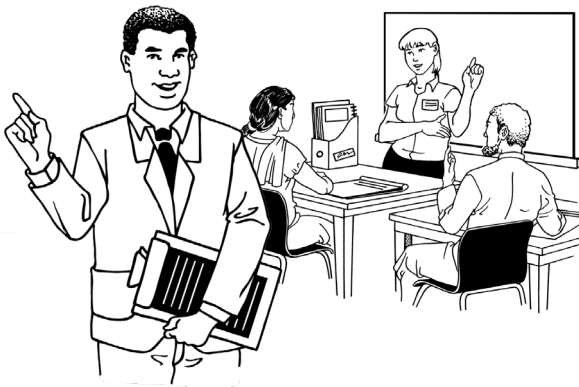
Tier 1



Tier 1 training will involve:

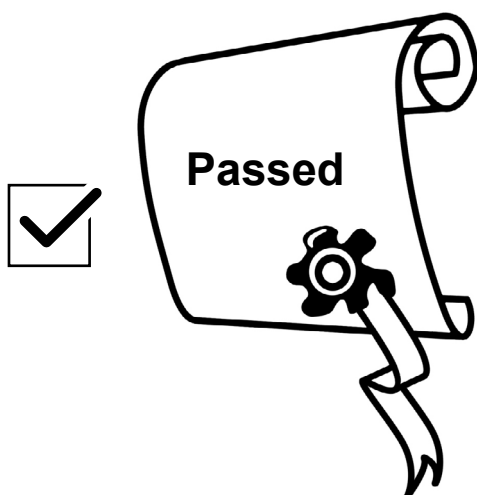
- A 3-hour webinar session with your co-trainer and facilitator trainer
- Practice sessions with your co-trainer and facilitator trainer
- The first webinar will be filmed so that you can be assessed.

Tier 2



Tier 2 training will involve:

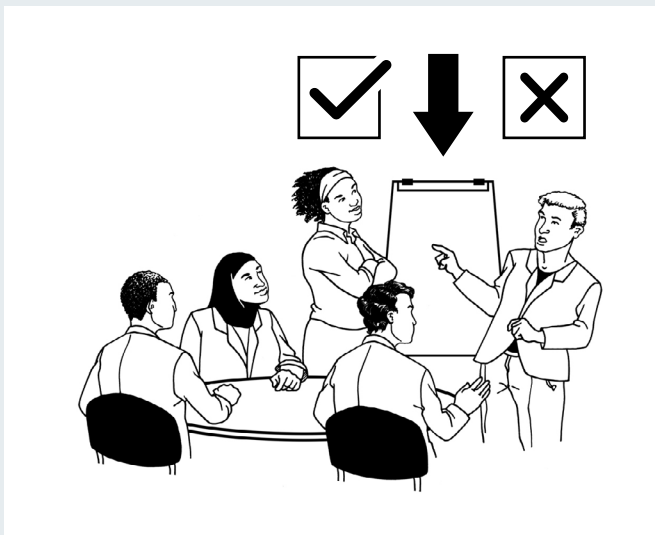
- 3 days of face-to-face training with other co-trainers
- Practising public speaking
- Practice sessions with your facilitator trainer.



If you pass the assessment, you will get a certificate to show you can deliver the training.



You will be paid £20 an hour for delivering the Oliver McGowan Mandatory Training.



Please note that completing the training does not always mean you will become a co-trainer.

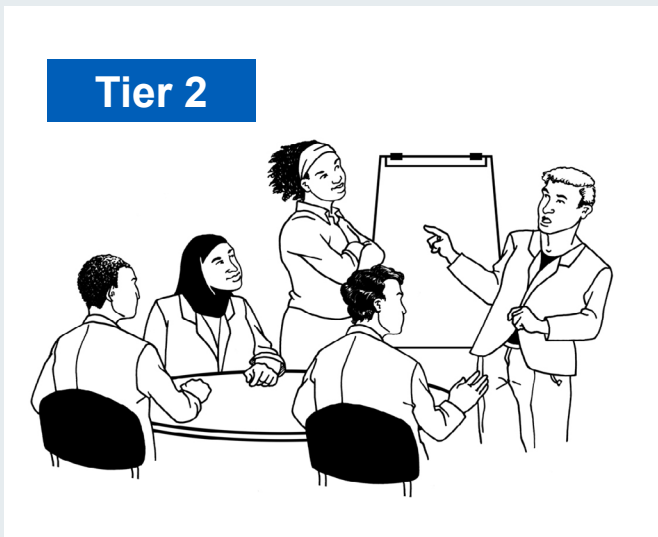
How do I deliver the training?



Tier 1 training is provided through a 1-hour webinar. As a co-trainer, you will deliver this training at **Asist Advocacy**. This will mean you will have your supporter with you while you deliver the training.



You and your co-trainer will follow the words on a **script**. A facilitator trainer will also be on the webinar to sort out any technical issues.



Tier 2 training is provided face-to-face. You will deliver the training together with your facilitator trainer. You can do as much or as little of the training as you want.



These sessions will be held in different places, but you will always be able to visit the venue before the training.

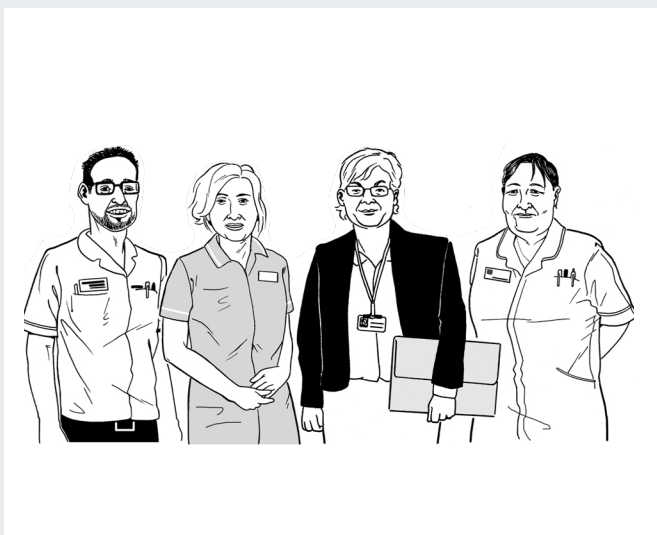


You will always have the chance to say if there was anything you liked or did not like about the training.

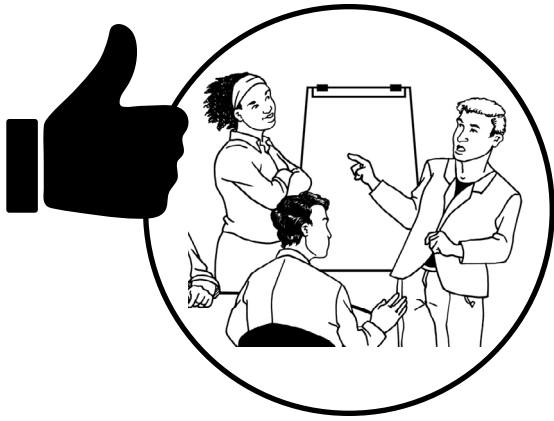
Things to remember



You will always be supported while you do this training. If you have any questions or are worried about anything, we are always here for you.



By delivering this training, you will be helping to make a difference to health and social care staff.



We want you to have fun while you do this training.



Contact us

If you have any questions, please get in touch with the Oliver McGowan Mandatory Training team:



Email: ommt@staffsstoke.icb.nhs.uk



Phone: 07974 883315

Produced by [NHS Arden and Greater East Midlands Commissioning Support Unit](#) and [NHS Midlands and Lancashire Commissioning Support Unit](#)

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