

Our Ref: PW/KJJ/FOI/0925/1412

Stafford Education & Enterprise Park  
Weston Road  
Stafford  
ST18 0BF

10<sup>th</sup> September 2025

Sent by email

Telephone: 0300 123 1461

Dear

**FOI/0925/1412**

**Your request for information under the Freedom of Information Act 2000**

Thank you for your request for information under the Freedom of Information Act 2000, received on Friday 29<sup>th</sup> August 2025. We can now confirm that the Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website. Please note the ICBs responses in blue.

The purpose of this request is to gather data on the number of children referred to weight management services.

**Please provide the following information for your ICB area for the period 1 January 2024 to the most recent month available in 2025 (up to and including August 2025 if held):**

**I confirm that I am not seeking any personal or identifying information about individuals involved in these cases.**

1. **The number of children and young people (under 18) referred to specialist (Tier 3) paediatric weight management services commissioned by your ICB.**  
The ICB does not commission a specialist (Tier 3) paediatric weight management service for children and young people (under 18)
2. **If held, the number of referrals into other NHS-commissioned lifestyle/prevention services for children, such as diabetes prevention or healthy lifestyle pathways.**  
The ICB does not commission lifestyle/prevention services for children, this is commissioned by local authority public health teams.
  - a. **If available, a breakdown by age group (e.g. 0–4, 5–10, 11–15, 16–17). N/A**

We would suggest that you redirect your request to the Councils to obtain the information:

Staffordshire County Council; [accessinformation@staffordshire.gov.uk](mailto:accessinformation@staffordshire.gov.uk)

City of Stoke Council; [foi@stoke.gov.uk](mailto:foi@stoke.gov.uk)

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

**[To request an internal review](#)**

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent ICB FOI team by emailing; [staffsstokeFOI@staffsstoke.icb.nhs.uk](mailto:staffsstokeFOI@staffsstoke.icb.nhs.uk) or by post to the address at the top of this letter within 40 working days of the initial response.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF  
[www.ico.gov.uk](http://www.ico.gov.uk)

Yours sincerely

**Paul Winter**  
**Associate Director of Corporate Governance**