

Our Ref: PW/AKB/FOI/0224/742

Stafford Education & Enterprise Park
Weston Road
Stafford
ST18 0BF

14th March 2024

Telephone: 0300 123 1461

Sent by email

Dear

FOI-0224-742

Your request for information under the Freedom of Information Act 2000

Thank you for your request for information received on the 16th February 2024. We can confirm that the Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website.

Please see our responses in blue below:

I write to ask for some information under the Freedom of Information Act.

- 1. What specialist NHS referral services are provided for people suffering from sleep disorders (such as sleep apnoea, narcolepsy, insomnia)?**

We have considered any service that is consultant led as a specialist service. Through NHS Choice Framework Patients can choose where they want to be referred to for their first consultant-led outpatient appoint. The data attached reflects the services that Staffordshire and Stoke-on-Trent patients have accessed.

- 2. For each of the last five calendar years (2019, 2020, 2021, 2022, 2023) how many adults were referred to these specialist clinics? What were the five most common conditions that were being treated?**

Data included in attached spreadsheet.

- 3. For each of the last five calendar years (2019, 2020, 2021, 2022, 2023) how many children were referred to these specialist clinics? What were the five most common conditions that were being treated?**

Data included in attached spreadsheet.

- 4. How many adults and children needed inpatient care for sleep disorders and what was the average stay?**

Data included in attached spreadsheet.

5. What was the budget allocated each year for specialist sleep treatment centres?

There is no annual budget for specialist sleep treatment centres. Costs are included in annual contracts or where the ICB do not hold a contract is non-contracted activity.

6. For all of the above please provide a regional/localised breakdown where possible, as well as gender and age group.

Data included in attached spreadsheet.

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

To request an internal review

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent Integrated Care Board FOI team by emailing the team at StaffsStokeFOI@staffsstoke.icb.nhs.uk or by post to the address at the top of this letter.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.gov.uk

Yours sincerely

Paul Winter
Associate Director of Corporate Governance