



Our Ref: PW/SJR/FOI/0625/1323

Stafford Education & Enterprise Park  
Weston Road  
Stafford  
ST18 0BF

18<sup>th</sup> June 2025

Sent by email

Telephone: 0300 123 1461

Dear

**FOI/0625/1323**

**Your request for information under the Freedom of Information Act 2000**

Thank you for your request for information received on 16<sup>th</sup> June 2025. We can confirm that the Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website. Please note the ICBs responses in blue.

**1. How many individuals are currently receiving mental health interventions from the community mental health team and associated community mental health initiatives, such as Talking Therapies.**

**Individuals aged:**

**18 to 35**

**35 to 64**

**65+**

**2. How many in each age range are male, how many are female and how many identify as other genders?**

**3. How many of those individuals have been known to community mental health services for more than three years?**

**4. What is the average length of time for an individual to reach treatment of some kind (group, one to one, or skills course etc) from self or GP's referral?**

**5. What is the average length of time from referral for an individual to reach one to one treatment with a clinician?**

**6. In the past 12 months, how many individuals have received the following:**

**Group therapy sessions.**

**One to one therapy sessions (CBT/counselling etc)**

**Other forms of therapy.**

**7. In the past 12 months how many individuals attended group therapy remotely?**

**8. In the past 12 months how many individuals attended group therapy in person?**

**9. In the past 12 months, how many individuals received therapeutic interventions (such as CBT/psychotherapy/IPT/counselling etc) one to one with a clinician via the following methods:**

**Face to face appointments.**

**Video Meeting (Teams/Attend Anywhere etc)**

**Telephone calls.**

**10. In the past 12 months, how many individuals have stopped engaging or failed to complete treatment?**

**11. How many individuals in the past 12 months have received onward referral from the CMHT/Talking Therapies etc to psychiatric services for further assessment?**

- Adult access is available in the MHSDS: [Mental Health Services Monthly Statistics - NHS England Digital](#)
- TT access is available in the TT dataset: [NHS Talking Therapies Monthly Statistics Including Employment Advisors - NHS England Digital](#)

The latest published adult access figure available is 12,070 (April 2025). This is the number of adults who received 2 or more contacts from community mental health services within a rolling 12 month period.

**Chair:** David Pearson MBE

**Chief Executive Officer:** Peter Axon

The latest published TT access figure available is 1,290 (April 2025). This is the number of adults who received 2 or more treatment sessions prior to being discharged (in month figure). The total for 2024/25 was around 14,920 (allowing for rounding of sub ICBs).

These published datasets aren't broken down by age or gender.

The ICB does not hold any of the other information requested, please redirect your request to:

**Midlands Partnership University NHS Foundation Trust:**

[foi@mpft.nhs.uk](mailto:foi@mpft.nhs.uk)

**North Staffordshire Combined Healthcare NHS Trust:**

[FOIRequests@combined.nhs.uk](mailto:FOIRequests@combined.nhs.uk)

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

**To request an internal review**

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent ICB FOI team by emailing; [staffsstokeFOI@staffsstoke.icb.nhs.uk](mailto:staffsstokeFOI@staffsstoke.icb.nhs.uk) or by post to the address at the top of this letter within 40 working days of the initial response.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

[www.ico.gov.uk](http://www.ico.gov.uk)

Yours sincerely

**Paul Winter**  
**Associate Director of Corporate Governance**