



Our Ref: VP/TLR/FOI/1225/1545

24th December 2025

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Telephone: 0300 123 1461

Sent by email

Dear

FOI/1225/1545

Your request for information under the Freedom of Information Act 2000

Further to your email dated Thursday 11th December 2025 for information under the Freedom of Information Act 2000. We can now confirm that Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website. The ICBs response is provided below in [blue](#) text.

You have requested:

Under the Freedom of Information Act 2000, I am requesting the following information regarding current ADHD service provision:

1. Current Waiting Lists and Demand

Current number of people waiting for ADHD assessment (broken down by adults/children)

Staffordshire and Stoke-on-Trent ICB's commissions both Midlands Partnership NHS Foundation Trust (MPFT) and North Staffordshire Combined Healthcare NHS Trust (NSCHT) to provide ADHD services for our population, the current breakdown of ADHD waiting times as of September 2025 are below:

- MPFT Adult combined ADHD and Autism (ASD) Pathway has a total of 6184 patients awaiting assessment.
- MPFT CYP ADHD Pathway has a total of 467 awaiting assessment
- NSCHT Adult ADHD Pathway has a total of 3208 awaiting assessment
- NSCHT CYP ADHD Pathway – The ICB does not currently receive this information

Average waiting time from referral to assessment (current data)

- MPFT Adult combined ADHD and Autism (ASD) Pathway average waiting time of 709 days
- MPFT CYP ADHD Pathway - The ICB does not currently receive this information
- NSCHT Adult ADHD Pathway average waiting time of 560 days
- NSCHT CYP ADHD Pathway – The ICB does not currently receive this information

Longest current wait time for ADHD assessment

- MPFT Adult combined ADHD and Autism (ASD) Pathway longest wait time of 728 days
- MPFT CYP ADHD Pathway longest wait time of 447 days
- NSCHT Adult ADHD Pathway longest wait time of 704 days
- NSCHT CYP ADHD Pathway – The ICB does not currently receive this information

Number of referrals received monthly for ADHD assessment (last 12 months data)

The ICB does not currently receive this information Please redirect to:

- MPFT - foi@mpft.nhs.uk
- NSCHT - FOIREquests@combined.nhs.uk

Number of assessments completed monthly (last 12 months data)

The ICB does not currently receive this information Please redirect to:

- MPFT - foi@mpft.nhs.uk
- NSCHT - FOIREquests@combined.nhs.uk

2. Service Providers and Contracts

List of all NHS providers delivering ADHD assessment services in your area

The ICB commissions MPFT and NSCHT to provide ADHD assessment and support services in SSOT.

List of all Right to Choose providers currently accepting referrals from your ICB

The ICB does not hold this information, centralised information pertaining to all providers registered legally as Right to Choose is held nationally.

Contract values and duration for each ADHD service provider

The ICB commissions MPFT and NSCHT to provide ADHD assessment and support services in SSOT. These contracts are block contract arrangements reviewed on an annual basis and the value is block contracted.

Service specifications for ADHD assessment and treatment contracts

The ICB has defined specifications for its commissioned ADHD assessment and treatment contracts.

Key Performance Indicators (KPIs) for each contract

The ICB requests that both MPFT and NSCHT adhere to the regional requirements around Neurodiversity Pathway data reporting. This is reported quarterly via the ICB and nationally.

3. Capacity and Workforce

Current funded capacity for ADHD assessments per month

The ICB does not currently receive this information. Please redirect to:

- MPFT - foi@mpft.nhs.uk
- NSCHT - FOIREquests@combined.nhs.uk

Number of clinical staff (WTE) providing ADHD assessments

The ICB does not currently receive this information. Please redirect to:

- MPFT - foi@mpft.nhs.uk
- NSCHT - FOIREquests@combined.nhs.uk

Details of any service restrictions (e.g., age limits, geographical restrictions)

The ICB's commissioned services with both MPFT and NSCHT are provided to residents who are registered with a GP in either Staffordshire or Stoke-on-Trent. The services are age specific, up to 18 years of age for children, and with no upper age limit for adult services (with clinical discretion applied).

Plans for expanding capacity in 2025/26

The ICB is currently working with system partners on the long-term strategy for ADHD provision and how a sustainable offer can accommodate patients' needs via a wider Neurodiverse Pathway. Planning is in line with the NHS 10-year Plan and local 5 Year Strategic Commissioning planning.

4. Clinical Pathways

Current clinical pathways for ADHD assessment (adults and children)

MPFT Adult combined ADHD and Autism (ASD) Pathway

MPFT CYP ADHD Pathway

NSCHT Adult ADHD Pathway

NSCHT CYP ADHD Pathway

Please redirect to:

- MPFT - foi@mpft.nhs.uk
- NSCHT - FOIREquests@combined.nhs.uk

Shared care agreements/protocols with primary care

Please see published information

<https://www.staffordshireandstokeontrentformulary.nhs.uk/docs/esca/>

Post-diagnostic support services available

The ICB commissions a range of mental health services that offer interventions and support for patients either diagnosed with ADHD or awaiting an assessment for ADHD.

Medication initiation and monitoring arrangements

The medication and monitoring arrangements for patients diagnosed with ADHD follow the NICE guidelines indicating controlled titration of medication with specialists, then with a minimum of annual monitoring.

Please redirect to:

- MPFT - foi@mpft.nhs.uk
- NSCHT - FOIREquests@combined.nhs.uk

Please provide this information in spreadsheet format where applicable.

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

To request an internal review

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent ICB FOI team by emailing; staffsstokeFOI@staffsstoke.icb.nhs.uk or by post to the address at the top of this letter within 40 working days of the initial response.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF
www.ico.gov.uk

Yours sincerely

Vasileia Pitarokoili
Head of Governance