



Our Ref: PW/AKB/FOI-10-568

Stafford Education & Enterprise Park
Weston Road
Stafford
ST18 0BF

19th October 2023

Telephone: 0300 123 1461

Sent by email

Dear

FOI-10-568

Your request for information under the Freedom of Information Act 2000

Thank you for your request for information received on the 16th October 2023. We can confirm that the Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website.

Please see our responses in blue below:

Reference: VB FOI ID 1132: FOI Request, Guidelines on the treatment of insomnia in adults.

Please find below a freedom of information request relating to guidelines for the treatment of insomnia in adult patients.

Question 1

Does NHS Staffordshire and Stoke-On-Trent ICB have any local treatment guidelines, pathways or protocols for treatment of insomnia in adult patients?	Yes/No
	If Yes, please provide a copy.

Please be advised that the ICB does not commission any services for insomnia or hold any information on this. Your request should be redirected to the following Providers for which contact details are provided:

North Staffordshire Combined Healthcare NHS Trust
<https://www.combined.nhs.uk/get-in-touch/freedom-of-information/>

Midlands Partnership University NHS Foundation Trust
<https://www.mpft.nhs.uk/about-us/freedom-information>

University Hospitals of North Midlands NHS Trust
<https://www.uhnm.nhs.uk/contact-us/>

University Hospitals of Derby and Burton NHS Trust
<https://www.uhdb.nhs.uk/freedom-of-information-foi/>

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

To request an internal review

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent Integrated Care Board FOI team by emailing the team at StaffsStokeFOI@staffsstoke.icb.nhs.uk or by post to the address at the top of this letter.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF
www.ico.gov.uk

Yours sincerely

Paul Winter
Associate Director of Corporate Governance