

Our Ref: PW/KJJ/FOI/1125/1503

17<sup>th</sup> November 2025

Stafford Education & Enterprise Park  
Weston Road  
Stafford  
ST18 0BF

Telephone: 0300 123 1461

Sent by email

Dear

**FOI/1125/1503**

**Your request for information under the Freedom of Information Act 2000**

Thank you for your request for information under the Freedom of Information Act 2000, received on the 12<sup>th</sup> November 2025. We can now confirm that the Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website. Please note the ICBs responses in [blue text](#).

I am writing to request information under the Freedom of Information Act 2000. I would be grateful if you could provide the following information:

1. What Agenda for Change Pay Scales are counsellors employed on within the ICB?
2. What Agenda for Change Pay Scales are psychotherapists employed on within the ICB?
3. What is the total number and Whole Time Equivalent number of counsellors and psychotherapists employed within the ICB?
4. What Agenda for Change Pay Scales are high intensity therapists within NHS Talking Therapies for Anxiety and Depression, including both trainees and qualified high intensity therapists, employed on within the ICB?

[The ICB does not have employed staff in these roles, to obtain this information you would need to submit a request the relevant providers who employ these clinical/non-clinical staff.](#)

- [University Hospitals of North Midlands NHS Trust - foi@uhn.nhs.uk](mailto:foi@uhn.nhs.uk)
- [Midlands Partnership Foundation Trust - foi@mpft.nhs.uk](mailto:foi@mpft.nhs.uk)
- [North Staffordshire Combined Healthcare Trust - FOIREquests@combined.nhs.uk](mailto:FOIREquests@combined.nhs.uk)

5. Does the ICB categorise counsellors and psychotherapists working at Step 3 within NHS Talking Therapies for Anxiety and Depression and delivering one of the approved intervention modalities as High Intensity Therapists, as outlined within the NHS Talking Therapies for Anxiety and Depression Manual published by NHS England?

[The ICB does not hold this information.](#)

6. What Agenda for Change Pay Scales are counsellors employed on within services commissioned by the ICB?

The ICB does not have employed staff in these roles, to obtain this information you would need to submit a request the relevant providers who employ these clinical/non-clinical staff. Details for providers above.

7. What Agenda for Change Pay Scales are psychotherapists employed on within services commissioned by the ICB?

The ICB does not have employed staff in these roles, to obtain this information you would need to submit a request the relevant providers who employ these clinical/non-clinical staff. Details for providers above.

8. What is the total number and Whole Time Equivalent number of counsellors and psychotherapists employed within services commissioned by the ICB?

The ICB does not have employed staff in these roles, to obtain this information you would need to submit a request the relevant providers who employ these clinical/non-clinical staff. Details for providers above.

9. What Agenda for Change Pay Scales are high intensity therapists within NHS Talking Therapies for Anxiety and Depression, including both trainees and qualified high intensity therapists, employed on within services commissioned by the ICB?

The ICB does not have employed staff in these roles, to obtain this information you would need to submit a request the relevant providers who employ these clinical/non-clinical staff. Details for providers above.

10. Does the ICB contract out to a third party the employment of any counsellors, psychotherapists or high intensity therapists?

No, the ICB does not.

11. If the ICB contracts out the employment of any counsellors, psychotherapists or high intensity therapists to a third party, does the ICB make any requirements that Agenda for Change pay scales are adhered to by that provider?

This is not applicable.

12. Can you please detail the commissioned providers of NHS Talking Therapies with the ICB?

This is exempt under Section 21 of the FOI Act, as the information is readily available on the ICB's website; [Contracting and Procurement - Staffordshire and Stoke-on-Trent, Integrated Care Board](#)

The ICB commissions to nationally required standards for grading, qualifications and accreditation, for more information; [NHS Talking Therapies for anxiety and depression manual](#)

13. Can you please detail the budget spent for each commissioned mental health service within the ICB, as well as detailing the budget allocated to each provider of each service?

Please see below, however the ICB is unable to breakdown services provided at provider level.

Provider	2025/26 Plan
North Staffordshire Combined Healthcare NHS Trust	149,484,673
Midlands Partnership University NHS Foundation Trust	124,361,705
Staffordshire County Council	15,521,112
Stoke-on-Trent City Council	9,464,440
Black Country Healthcare NHS Foundation Trust	972,604
West Midlands Ambulance Service University NHS Foundation Trust	876,567
Priory Group Limited	716,000
Changes Health & Wellbeing	555,635
Alzheimers Society	544,119
Derbyshire Healthcare NHS Foundation Trust	384,998
Cygnets Health Care Ltd	310,288
Birmingham And Solihull Mental Health NHS Foundation Trust	288,998
South London And Maudsley NHS Foundation Trust	179,002
Elysium Healthcare Ltd	174,100
Cheshire And Wirral Partnership NHS Foundation Trust	156,000
Herefordshire And Worcestershire Health And Care NHS Trust	99,000
Derbyshire County Council	63,689
Cumbria Northumberland Tyne And Wear NHS Foundation Trust	62,002
St Andrews Healthcare	58,655
The Beth Johnson Foundation	40,042
Sheffield Health And Social Care NHS Foundation Trust	38,002
Nottinghamshire Healthcare NHS Foundation Trust	36,000
Leicestershire Partnership NHS Trust	32,002
Coventry And Warwickshire Partnership NHS Trust	30,000
Cornwall Partnership NHS Foundation Trust	29,002
Northamptonshire Healthcare NHS Foundation Trust	27,000
North London NHS Foundation Trust	25,000
Greater Manchester Mental Health NHS Foundation Trust	24,998
Burden Basket (The)	22,189
The Dove Service	21,270
Kent And Medway NHS And Social Care Partnership Trust	18,998
Lancashire And South Cumbria NHS Foundation Trust	15,998
Humber Teaching NHS Foundation Trust	15,998
East London NHS Foundation Trust	15,998
North East London NHS Foundation Trust	12,998
West London NHS Trust	11,002
NHS North Of England Commissioning Support Unit	9,014
Gloucestershire Health And Care NHS Foundation Trust	9,000
Rotherham Doncaster And South Humber NHS Foundation Trust	6,998
Sussex Partnership NHS Foundation Trust	6,998
Avon And Wiltshire Mental Health Partnership NHS Trust	6,000
Mersey Care NHS Foundation Trust	6,000
Oxford Health NHS Foundation Trust	6,000
Pennine Care NHS Foundation Trust	6,000
Tees Esk And Wear Valleys NHS Foundation Trust	5,002
Hampshire And Isle Of Wight Healthcare NHS Foundation Trust	5,002
South West Yorkshire Partnership NHS Foundation Trust	3,998
Central And North West London NHS Foundation Trust	3,998
Lincolnshire Partnership NHS Foundation Trust	3,998
South West London And St Georges Mental Health NHS Trust	3,000
Berkshire Healthcare NHS Foundation Trust	3,000
Tavistock And Portman NHS Foundation Trust	3,000
Hertfordshire Partnership University NHS Foundation Trust	3,000
Leeds And York Partnership NHS Foundation Trust	3,000
Norfolk And Suffolk NHS Foundation Trust	2,002
Surrey And Borders Partnership NHS Foundation Trust	2,002
Dorset Healthcare University NHS Foundation Trust	998
Cambridgeshire And Peterborough NHS Foundation Trust	998
Devon Partnership NHS Trust	998
Oxleas NHS Foundation Trust	998
Essex Partnership University NHS Foundation Trust	998

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

**To request an internal review**

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent ICB FOI team by emailing; [staffsstokeFOI@staffsstoke.icb.nhs.uk](mailto:staffsstokeFOI@staffsstoke.icb.nhs.uk) or by post to the address at the top of this letter within 40 working days of the initial response.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF  
[www.ico.gov.uk](http://www.ico.gov.uk)

Yours sincerely

**Paul Winter**  
**Associate Director of Corporate Governance**