

Our Ref: PW/AKB/FOI-11-158

17th November 2022

Stafford Education & Enterprise Park
Weston Road
Stafford
ST18 0BF

Sent by email

Telephone: 0300 123 1461

Dear

FOI-11-158

Your request for information under the Freedom of Information Act 2000

Thank you for your request dated the 3rd November 2022. Please be advised that the Integrated Care Board do not hold the information for the Integrated Care System which is not a statutory body. We have therefore provided the information relating to the Staffordshire and Stoke-on-Trent Integrated Care Board. Please see our responses in blue below as below:

This request is for your ICS area and relates to information held on services relating to perinatal mental health, including six-week appointments with GPs and referrals to psychological therapies.

Six-week checks:

1 – In line with the [requirement brought in in April 2020](#) for GPs to offer a postnatal check six- to eight-weeks after birth (live and stillbirth) which focuses on the mother's mental health and general wellbeing, please provide the information below:

A – How many women in your ICS area have given birth or had a stillbirth each year for the last three full financial years?

- **2019/20**
- **2020/21**
- **2021/22**

Live Births:

2018: 8,299

2019: 8,301

2020: 7,945

Still Births:

2018: 41

2019: 19

2020: 23

B – How many women in your ICS area have been offered the six- to eight-week postnatal check with a GP each year for the last three full financial years?

The Staffordshire and Stoke-on-Trent Integrated Care Board (ICB) do not hold this information.

C – How many women in your ICS area have attended the six- to eight-week postnatal check with a GP each year for the last three full financial years?

The Staffordshire and Stoke-on-Trent Integrated Care Board (ICB) do not hold this information.

2 – In your ICS area,

A – Is there specific guidance given to GPs outlining how to ask about women's mental health and general wellbeing at the six- to eight-week postnatal check? For example, carrying out a mental health assessment or using open-ended questions.

No specific guidance provided to GPs.

B – If you answered yes to question 2A, please provide a link or a copy of the guidance.

Not applicable.

C – Please provide information about how you track compliance with the requirement that GPs ask all women about their mental health and general wellbeing at the six- to eight-week postnatal check.

The Staffordshire and Stoke-on-Trent ICB do not collect this information (guidance not a requirement as to what is discussed and NICE quality statement).

Referrals to psychological therapies

3

A – Please provide figures for the total number of referrals to psychological therapy services, including IAPT and other national equivalents, following the six- to eight-week postnatal check with GP practices in your ICS area for the last three full financial years.

- **2019/20**
- **2020/21**
- **2021/22**

The Staffordshire and Stoke-on-Trent Integrated Care Board (ICB) do not collect information in this way. For information around psychological therapy provision please

contact Midlands Partnership NHS Foundation Trust and North Staffordshire Combined Healthcare NHS Trust. Contact details as follows:

Midlands Partnership NHS Foundation Trust
Main FOI email address: foi@mpft.nhs.uk

North Staffordshire Combined NHS Healthcare Trust
Main FOI Email address: FOIREquests@combined.nhs.uk

B – Please provide the following information for those who were referred to psychological therapy services (including IAPT and other national equivalents) following the six- to eight-week postnatal appointment with the GP, for the last three full financial years:

- **How many women in your ICS area have been assessed within two weeks of referral?**
- **How many women in your ICS area have not been assessed within two weeks of referral?**
- **How many women in your ICS area have started treatment within four weeks of assessment?**
- **How many women in your ICS area did not start treatment within four weeks of assessment?**

The Staffordshire and Stoke-on-Trent Integrated Care Board (ICB) do not collect information in this way. For information around psychological therapy provision please contact Midlands Partnership NHS Foundation Trust and North Staffordshire Combined Healthcare NHS Trust. Contact details as follows:

Midlands Partnership NHS Foundation Trust
Main FOI email address: foi@mpft.nhs.uk

North Staffordshire Combined NHS Healthcare Trust
Main FOI Email address: FOIREquests@combined.nhs.uk

Right of Appeal

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

To request an internal review

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent Integrated Care Board FOI team by emailing the team at StaffsStokeFOI@staffsstoke.icb.nhs.uk or by post to the address at the top of this letter.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.gov.uk

Yours sincerely

Paul Winter
Deputy Director of Corporate Governance,
Compliance & Data Protection/Data Protection