

Our Ref: PW/KJJ/FOI/0225/1194

Stafford Education & Enterprise Park
Weston Road
Stafford
ST18 0BF

3rd March 2025

Telephone: 0300 123 1461

Sent by email

Dear

FOI-0225/1194

Your request for information under the Freedom of Information Act 2000

Thank you for your request for information received on 18th February 2025. We can confirm that the Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website.

Please see our responses in blue below:

1. Does your ICB commission a maternal mental health service?

Yes.

2. If yes to Question 1, does this service include access to specialist psychological support (1:1 therapies), for people with the following experiences:

Experience	Both parents
Miscarriage, ectopic pregnancy and molar pregnancy	Yes
Termination of Pregnancy for Foetal Anomaly (ToPFA)	Yes
Stillbirth	Yes
Neonatal Death	Yes
Sudden Unexpected Death in Infancy (SUDI)	Yes

3. If yes to Question 1, what is the current composition of the clinical team:

Role	NHS Agenda for Change Banding	WTE
Consultant Clinical Psychologist 8c		
Clinical/ counselling psychologist 8b		
Project manager		
Clinical/ counselling psychologist		
Art therapist		
Specialist Mental Health practitioner		

Role	NHS Agenda for Change Banding	WTE
Mental Health Nurse		
Specialist Midwife		
Peer Support Worker		
Assistant Psychologist		
Project Officer		
Administrator		

Information not held by the ICB please redirect to

Midlands Partnership University NHS Foundation Trust:
foi@mpft.nhs.uk

North Staffordshire Combined Healthcare NHS Trust:
FOIRequests@combined.nhs.uk

4. *If yes to Question 1, how long after the experience of pregnancy and baby loss are bereaved parents able to access the service?*
 - **Up to one Year or longer if there is a current pregnancy.**
5. *If yes to Question 1, what was the average length of time bereaved parents waited to be seen by the service, following referral, in 2024 for:?*
 - a. *Assessment*
 - b. *Therapy*

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6. *If yes to Question 1, how long are parents able to access therapies from the maternal mental health service?*
 - *Up to 6 weeks*
 - *Between 6 and 12 weeks*
 - *Between 12 and 24 weeks*
 - *Indefinitely – for as long as therapy is needed*
 - *Other (please state)*

Information not held by the ICB please redirect to

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foi@mpft.nhs.uk

North Staffordshire Combined Healthcare NHS Trust:
FOIRequests@combined.nhs.uk

7. Do you commission any other specialist psychological therapy service, separately from Maternal Mental Health Services, for bereaved parents who have had the following experiences?

Experience	Both parents	Mother only	Father or partner only
Miscarriage, ectopic pregnancy and molar pregnancy	Yes/No/Unsure	Yes/No/Unsure	Yes/No/Unsure
Termination of Pregnancy for Foetal Anomaly (ToPFA)	Yes/No/Unsure	Yes/No/Unsure	Yes/No/Unsure
Stillbirth	Yes/No/Unsure	Yes/No/Unsure	Yes/No/Unsure
Neonatal Death	Yes/No/Unsure	Yes/No/Unsure	Yes/No/Unsure
Sudden Unexpected Death in Infancy (SUDI)	Yes/No/Unsure	Yes/No/Unsure	Yes/No/Unsure

No to all, Staffordshire and Stoke-on-Trent Talking Therapies provides support for people experiencing mild-to moderate mental health problems, such as depression, stress, anxiety, low mood, or worry. It accepts self-referrals, which can be made either by calling 0300 303 0923, or by visiting <https://staffsandstoketalkingtherapies.nhs.uk>.

8. If yes, what service do you commission?

9. Do you hold any more information on psychological support for parents who have experienced pregnancy or baby loss that maybe useful in helping us to understand the services they can access in your area? (Free text)

No further information available.

To request an internal review

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent ICB FOI team by emailing; staffsstokeFOI@staffsstoke.icb.nhs.uk or by post to the address at the top of this letter within 40 working days of the initial response.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.gov.uk

Yours sincerely

Paul Winter
Associate Director of Corporate Governance