

Our Ref: PW/TLR/FOI/0825/1406

Stafford Education & Enterprise Park
Weston Road
Stafford
ST18 0BF

10th September 2025

Telephone: 0300 123 1461

Sent by email

Dear

FOI/0825/1406

Your request for information under the Freedom of Information Act 2000

Thank you for your request for information under the Freedom of Information Act 2000 and thank you for your email dated Wednesday 27th August clarifying the request. We can now confirm that Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website. The ICBs response is provided below in blue text.

You have requested:

What Digital Health Technologies are available to people within the ICB area with Type 2 Diabetes, anxiety or depression, whether they are funded directly by the ICB or not. We'd ideally like to collate information on who funds/commissions each DHT, so that we can build our knowledge of which DHTs are available in which ICB areas, and how these are funded (please see the attached information template). We would be very grateful for any help you can provide for this.

We are defining DHTs as any health technology that requires the use of a computer, smartphone or tablet. This includes health apps, websites where the user needs to input information about themselves, and wearable devices.

DHT/programme	Who is it for?	How is it commissioned?	How is it accessed?
YoungType2	Young people with Type 2 diabetes up to 25.	NHSE	Website/App Code given by specialist team
The New Dexcom	People with Type 2 diabetes who treat	ICB	Prescribed by

Chair: David Pearson MBE

Interim Chief Executive Officer: Paul Edmondson-Jones

ONE+ Dexcom	with insulin		GP/Specialist Team App
Home FreeStyle Libre Abbott	People with Type 2 diabetes who treat with insulin	ICB	Prescribed by GP/Specialist Team App
The Sandbox – Mindler	Young people with mild to moderate mental health concerns	MPFT	Website
Give us a Shout	People requiring mental health support	National	Website and number to text

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

To request an internal review

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent ICB FOI team by emailing; staffsstokeFOI@staffsstoke.icb.nhs.uk or by post to the address at the top of this letter within 40 working days of the initial response.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner’s Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board’s FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner’s Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.gov.uk

Yours sincerely

Paul Winter
Associate Director of Corporate Governance