

Our Ref: PW/AKB/FOI/12/640

Stafford Education & Enterprise Park  
Weston Road  
Stafford  
ST18 0BF

13<sup>th</sup> December 2023

Telephone: 0300 123 1461

Sent by email

Dear

**FOI-12-640**

**Your request for information under the Freedom of Information Act 2000**

Thank you for your request for information received on the 4<sup>th</sup> December 2023. We can confirm that the Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website.

Please see our responses in blue below:

**I am writing to you under the Freedom of Information Act 2000 to request the following information. Please could you provide answers to the questions below by email:**

- 1. Do you have a specialist service for long Covid patients? Please name the clinic/service.**

Yes – Long Covid Service.

- 2. How many patients in your local NHS area have been referred to the clinic/service to date?**

We do not currently hold this information. This would be available from Midlands Partnership University NHS Foundation Trust who are the provider of our Long Covid Service. Contact details below:

**Midlands Partnership University NHS Foundation Trust**  
**<https://www.mpft.nhs.uk/about-us/freedom-information>**

**3. How many staff do you have working in the service FTE (full time equivalent) broken down by job title of:**

- a) doctor**
- b) nurse**
- c) physiotherapist**
- d) occupational therapist**
- e) clinical psychologist/psychiatrist/ CBT practitioner**
- f) other, please specify**

The service has input from a GP, Physiotherapist, Occupational Therapist and Psychologist; however, we do not hold the level of information requested on FTEs. This would be available from Midlands Partnership University NHS Foundation Trust who are the provider of our Long Covid Service. Contact details provided against question two.

**4. For any doctors employed, please specify their specialism e.g. GP, cardiologist, neurologist?**

GP.

**5. Does the service have the ability in-house to prescribe medications to long Covid patients?**

No.

**6. If so, please list the 3 most common drugs prescribed for long Covid patients by the clinic?**

Not applicable.

**7. Does the service have the ability to order tests and scans?**

No – not directly.

**8. If so please list the three most commonly ordered tests/scans/diagnostic questionnaires for long Covid patients by the clinic?**

Not applicable.

**9. Please provide figures for how many patients referred to the clinic/service received the following type of treatment:**

- a) A wellbeing programme**
- b) physical rehabilitation**
- c) psychological support**

- d) A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
- e) drug treatment
- f) other, please specify

We do not hold this information. This would be available from Midlands Partnership University NHS Foundation Trust who are the provider of our Long Covid Service. Contact details provided against question two.

**10. If not provided in-house, which of the following types of services does the clinic/service refer patients on to or recommend?**

- a) A wellbeing programme
- b) physical rehabilitation
- c) psychological support
- d) A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
- e) drug treatment
- f) other, please specify

We do not hold this information. This would be available from Midlands Partnership University NHS Foundation Trust who are the provider of our Long Covid Service. Contact details provided against question two.

**11. Is the clinic expected to continue running after 2025?**

We cannot confirm at this time if the service will continue after 2025. Continuation of the service after 2025 will be considered within the ICBs prioritisation and planning processes.

**12.\* For English ICBS only\* Which NHS trust is responsible for the care of patients referred to a long Covid clinic in your area?**

Midlands Partnership University NHS Foundation Trust.

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

**To request an internal review**

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent Integrated Care Board FOI team by emailing the team at [StaffsStokeFOI@staffsstoke.icb.nhs.uk](mailto:StaffsStokeFOI@staffsstoke.icb.nhs.uk) or by post to the address at the top of this letter.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

[www.ico.gov.uk](http://www.ico.gov.uk)

Yours sincerely

**Paul Winter**  
**Associate Director of Corporate Governance**