



**Staffordshire and  
Stoke-on-Trent**  
Integrated Care Board

Our Ref: PW/AKB/FOI/0424/784

Stafford Education & Enterprise Park  
Weston Road  
Stafford  
ST18 0BF

15<sup>th</sup> April 2024

Telephone: 0300 123 1461

Sent by email

Dear

**FOI/0424/784**

**Your request for information under the Freedom of Information Act 2000**

Thank you for your request for information received on the 3<sup>rd</sup> April 2024. We can confirm that the Staffordshire and Stoke-on-Trent Integrated Care Board can provide the following information.

An anonymised copy of this response will be made publicly available on the ICB website.

Please see our responses in blue below:

**I would like to request the following information about mental health support for children and young people aged 11 to 25 in Staffordshire and Stoke-on-Trent under the Freedom of Information Act.**

**1. Which NHS trusts provide CAMHS?**

Midlands Partnership University NHS Foundation Trust  
North Staffordshire Combined Healthcare NHS Trust

**2. Which CAMHS services are offered? Please list these services?**

Core CAMH's; Eating Disorders' MHST's; Intensive Home Support; Participation.

Please contact Midlands Partnership University NHS Foundation Trust and North Staffordshire Combined Healthcare NHS Trust who hold further information. Contact details below:

**Midlands Partnership University NHS Foundation Trust**  
**<https://www.mpft.nhs.uk/about-us/freedom-information>**

**Chair:** David Pearson MBE

**Interim Chief Executive Officer:** Peter Axon

**North Staffordshire Combined Healthcare NHS Trust**

**<https://www.combined.nhs.uk/get-in-touch/freedom-of-information/>**

**3. Do you operate a 0-25 service?**

No.

**4. Can young people self-refer to CAMHS?**

Yes.

**5. Which of the following non-specialist publicly-funded services for young people's mental health (a) currently exist and/or (b) used to exist within the last decade (*please indicate if they currently exist, and if they used to exist if you hold this data*):**

- a) Social prescribing
- b) Bereavement services
- c) Peer support
- d) Mental Health Support Teams
- e) School counsellors, mentors, or pastoral or key support workers
- f) Educational psychologists
- g) Youth groups
- h) Wellbeing cafes or mental health drop-in services
- i) Youth information, advice and counselling services (YIACS) / early support hubs
- j) Advice line for mental health issues
- k) Targeted service(s) for LGBTQ+ young people
- l) Targeted service(s) for young people from minority ethnic / racialised communities

Questions 5 (b-d) yes they exist

Questions 5 (a; and e-l): The ICB does not hold this information. Please redirect your request to the following:

**Midlands Partnership University NHS Foundation Trust**

**<https://www.mpft.nhs.uk/about-us/freedom-information>**

**North Staffordshire Combined Healthcare NHS Trust**

**<https://www.combined.nhs.uk/get-in-touch/freedom-of-information/>**

**Staffordshire County Council**

**<https://www.staffordshire.gov.uk/Your-council-and-democracy/Request-and-access-information/Request-and-access-information.aspx>**

**Stoke-on-Trent City Council**

**[https://www.stoke.gov.uk/info/20032/our\\_data/153/freedom\\_of\\_information\\_requests](https://www.stoke.gov.uk/info/20032/our_data/153/freedom_of_information_requests)**

**m) Targeted service(s) for other underserved groups (*please list here*)**

A targeted service for Looked After Children.

**n) Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3)**

Response provided for 5 (a; and e-l): applies.

**o) Art or music therapy**

Response provided for 5 (a; and e-l): applies.

**p) Online support service / app**

Response provided for 5 (a; and e-l): applies.

**q) Occupational therapy**

yes

**r) Any other service (*please list here*)**

Response provided for 5 (a; and e-l): applies.

**6. Do any of the following exist in your area (*please answer yes or no and elaborate if necessary*):**

**a) A CAMHS or young people's mental health partnership board?**

Yes.

**b) A designated individual or team who coordinates partnership working across services for children and families / settings?**

No.

**c) Data-sharing infrastructure to share data across services, for example, schools, social care, youth justice, special educational needs teams, etc.?**

One Health Record.

**d) Evaluation of young people's outcomes following engagement with services?**

Response provided for 5 (a; and e-l): applies.

- e) A young people's advisory group or official mechanism for young people to feed into service design and improvement?

Participation Services in Midlands Partnership University NHS Foundation Trust and North Staffordshire Combined Healthcare NHS Trust.

Is there a single point of access for young people with a mental health concern? *Please answer yes or no and elaborate if necessary.*

Yes.

7. Do you operate a 'no wrong door' approach? *Please answer yes or no and elaborate if necessary.*

Yes.

8. Do young people have to be referred to access a mental health support service? *Please answer yes or no and elaborate if necessary.*

No.

9. Are there specific services or approaches to ensure under-served groups of young people can access support e.g. young people from minority ethnic / racialised backgrounds, LGBTQ+ young people, etc.? *Please answer yes or no and elaborate if necessary.*

Response provided for 5 (a; and e-l): applies.

10. Do you have a publicly available up-to-date list or directory of voluntary, community and social enterprise (VCSE) sector young people's mental health services? *Please answer yes or no and elaborate if necessary.*

Response provided for 5 (a; and e-l): applies.

11. Do you involve the VCSE sector in any of the following?

- a) Planning / designing services. *Please answer yes or no and elaborate if necessary.*

Yes.

- b) As delivery partners – e.g. young people are referred to services offered by the VCSE sector. *Please answer yes or no and elaborate if necessary.*

Yes.

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

**To request an internal review**

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent Integrated Care Board FOI team by emailing the team at [StaffsStokeFOI@staffsstoke.icb.nhs.uk](mailto:StaffsStokeFOI@staffsstoke.icb.nhs.uk) or by post to the address at the top of this letter.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF  
[www.ico.gov.uk](http://www.ico.gov.uk)

Yours sincerely

**Paul Winter**  
**Associate Director of Corporate Governance**