

Our Ref: PW/AKB/FOI-11-160

10th November 2022

Stafford Education & Enterprise Park
Weston Road
Stafford
ST18 0BF

Telephone: 0300 123 1461

Sent by email

Dear

FOI-11-160

Your request for information under the Freedom of Information Act 2000

Thank you for your request dated the 5th November 2022. Please be advised that the Staffordshire and Stoke-on-Trent Integrated Board (ICB) does not hold data on behalf of the ICS and only does for the ICB as an NHS body, which is provided below as follows in reply to your request. Requests made of the ICS are not valid as this is not a statutory body subject to FOIA, so we have answered on behalf of the ICB where applicable. Please see our responses in blue below.

These questions relate to CAMHS services (mental health and neurodevelopmental) across all Local Authorities within the ICS.

1. What age range does your service cover?

CAMHS Services are accessible up to the age of 18 years. Autism services are up to the age of 19 years and up to 25 years with an EHCP place. CAMHS and Autism services up to the age of 18 in North Staffordshire Combined Healthcare NHS Trust contract, 25 with an EHCP.

- 2. How many service users are receiving care and how many children/young people are on the waiting list, split by gender?**
- 3. What is the average age of autism diagnosis by gender?**
- 4. How many of your current mental health service users have a diagnosis of autism, split by gender?**

Response to questions 2 to 4 as follows:

This is not recorded by the ICB. Please contact Midlands Partnership NHS Foundation Trust and North Staffordshire Combined NHS Healthcare Trust for this information. Details as follows:

Midlands Partnership NHS Foundation Trust
Freedom of Information Requests:
foi@mpft.nhs.uk

North Staffordshire Combined NHS Healthcare Trust
Main FOI Email address:

FOIREquests@combined.nhs.uk

- 5. Is there an alternative service commissioned to deal with the MENTAL HEALTH needs of diagnosed or suspected autistic people? If yes, please provide details of the scope of their commission.**

The ICB commissions North Staffordshire Combined NHS Healthcare Trust and Midlands Partnership NHS Foundation Trust only.

- 6. How many referrals have you received in 2022 and how many have been refused/discharged without appointment or treatment?**

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The following questions relate to your clients who ALSO have a co-occurring mental health condition as well as being autistic or otherwise neurodivergent.

- 7. How many hours of CBT are offered each week?**
8. How many of these hours are specifically adapted for autism?
9. How many hours of eating disorder therapies are offered each week?
10. How many are adapted specifically for autism?

Response to questions 7 to 10 as follows:

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- 11. Do you commission DBT and is it standard / adapted for autism?
- 12. Do you commission EMDR and is it standard / adapted for autism?
- 13. Do you commission Art therapies and are they standard / adapted for autism?
- 14. Is any Occupational therapy commissioned standard / adapted for autism?

Response to questions 11 to 14 as follows:

The ICB does not commission individual therapies, we commission providers to deliver NICE complaint interventions and treatments.

- 15. Are lead professionals assigned to young people required to have recent training in autism from autistic-led organisations?
- 16. Are new lead professionals required to read case files?
- 17. Does your CAMHS offer an alternative method of contact (text, email, video) to accommodate autistic young people who find standard therapies hard to access?

Response to questions 15 to 17 as follows:

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Midlands Partnership NHS Foundation Trust
Freedom of Information Requests:
foi@mpft.nhs.uk

North Staffordshire Combined NHS Healthcare Trust
Main FOI Email address:
FOIREquests@combined.nhs.uk

Right of Appeal

Should you require any further information or clarification regarding this response please do not hesitate to contact us. If you are dissatisfied with the response, you are entitled to request an internal review which should be formally requested in writing and must be within two calendar months from the date this response was issued.

To request an internal review

You can request an internal review by contacting the Staffordshire and Stoke-on-Trent Integrated Care Board FOI team by emailing the team at StaffsStokeFOI@staffsstoke.icb.nhs.uk or by post to the address at the top of this letter.

If you are not content with the outcome of your internal review, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the ICO cannot make a decision unless you have exhausted the Staffordshire and Stoke-on-Trent Integrated Care Board's FOI complaints procedure.

The ICO can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.gov.uk

Yours sincerely

Paul Winter
Deputy Director of Corporate Governance,
Compliance & Data Protection/Data Protection