

The background of the slide features abstract, overlapping geometric shapes in various shades of pink and magenta, creating a modern and dynamic visual effect.

Women's Health Clinic Local NHS GP practice Initiative

Dr Bala Sankarasubbu

Who are we

GP Primary care team-from

- ▶ Adderley Green Surgery @ Longton
- ▶ Willow Bank Surgery @Meir

Local Authority-Stoke On Trent

- ▶ Community Library staff team

NGO/Community Interest Company

RAPARU

CRT-Social Prescriber

What we do

- ▶ Dedicated Menopause clinic, HRT initiation and optimisation
- ▶ FU with Practice Nurse
- ▶ Contraception Clinic - IUD, IUS, Implant
- ▶ Walk in Smear clinic
- ▶ Patient awareness & education sessions @ Community Library
- ▶ Staff awareness Menopause Cafés
- ▶ Social Prescriber led weekly Menopause Groups @ Meir PCN

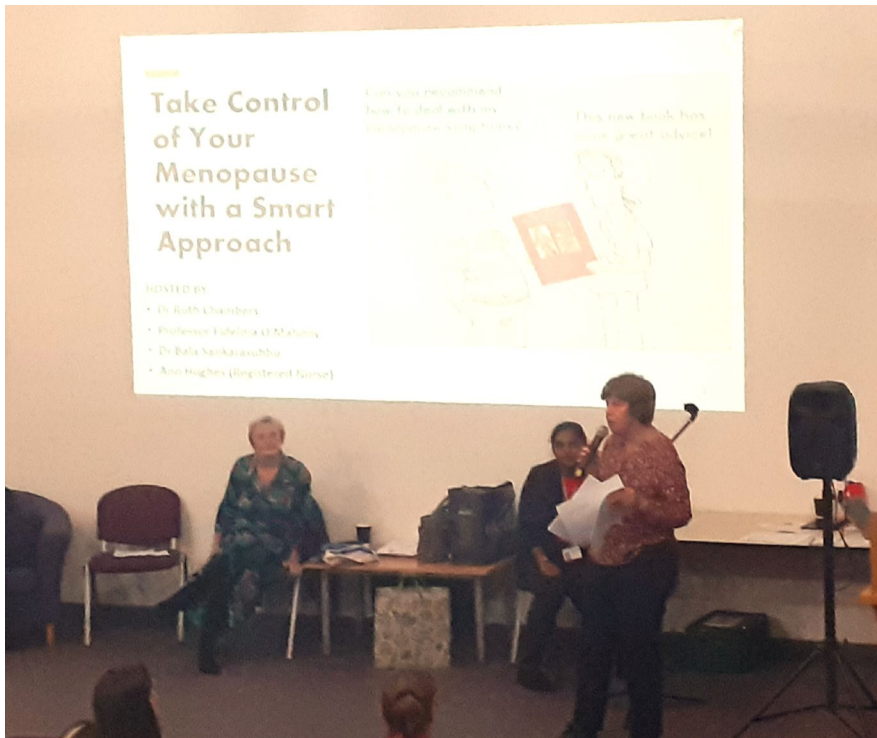
How we do - Collaborative working

- ▶ Primary Care staff
- ▶ PCN Health & Well Being Team
- ▶ Community Library/ City Council/ Local Authority
- ▶ Voluntary sectors (CRT)
- ▶ CIC -Raparua

How we do

- ▶ Webinars - Merton Council, London - Menopause Café for Staff
- ▶ Longton Library events - Community-Health awareness & promotion event x 2
- ▶ Staff Menopause Café every 3 months @ Harplands Hospital
- ▶ Practice open days for Easter and Xmas - Walk in Vaccine & Health check clinics
- ▶ Practice evening and weekend -walk in smear clinics
- ▶ Weekly Menopause patients group- Social Prescriber led

What we have done so far



- ▶ Teaching @ Keele University
- ▶ For staff
- ▶ For MW and Nursing Students
- ▶ For First Five GP
- ▶ Self- care at the workplace - checking BP & ECG for staff
- ▶ BBC Radio Stoke

Outcomes - Improved Access & Uptake

► Contraceptive Procedures - Adderley Green Surgery

| Date Range | Coil Insertion | Coil Removal | Implant Insertion | Implant Removal |
|----------------|----------------|--------------|-------------------|-----------------|
| April-Dec 2020 | 9 | 14 | 12 | 11 |
| Jan- Dec 2021 | 15 | 16 | 19 | 14 |
| Jan-Dec 2022 | 9 | 24 | 55 | 61 |
| Jan-Dec 2023 | 29 | 35 | 52 | 42 |
| Totals | 62 | 89 | 138 | 128 |

Outcomes - Improved Access & Uptake

Contraceptive Procedures - Willow Bank Surgery

| Date Range | Coil Insertion | Coil Removal | Implant Insertion | Implant Removal |
|---------------|----------------|--------------|-------------------|-----------------|
| Jan-Dec 2020 | 9 | 9 | 26 | 17 |
| Jan- Dec 2021 | 5 | 20 | 22 | 18 |
| Jan-Dec 2022 | 9 | 11 | 31 | 38 |
| Jan-Dec 2023 | 16 | 19 | 27 | 24 |
| Totals | 39 | 59 | 106 | 97 |

Smear Uptake- Nov 2023

Our PCN is the only one to show improvement in cervical smear uptake across the ICB.

Well done everyone!

Women's Health Clinic



Dr Bala MBBS MRCGP DRCOG DFRH

This is a **NHS** GP led clinic with **Dr Bala** specifically designed for Womens health needs

WOMENS HEALTH SCREENING & CONSULTATION

- Coil Fitting & Removal
- Oral Contraception
- Depo Injections
- Menopausal Support & HRT
- Pessary Insertion & Removal
- Cervical Smears & Vaginal Health
- Contraceptive Implant Insertion & Removal

To Book An Appointment, Please Speak To Reception Or Contact Us

0300 123 5002 - willowbank.y02521@nhs.net or 01782 311266 - adderleygreen@nhs.net

Take Control of Your Menopause with a Smart Approach



Dr Ruth Chambers OBE

Professor June Keeling

Professor Fidelma O'Mahony

Dr Bala Sankarasubbu

Rachel Hatfield

Gabby Johnson

- ▶ Shortlisted
- ▶ BBC RADIO STOKE awards for Making a Difference
- ▶ Keele Partnership awards

Thank You